



OVERVIEW OF INVENTORY OF DOCUMENTS ON PHYSICAL ACTIVITY PROMOTION IN THE EUROPEAN REGION



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HEPA Europe
European network for the promotion of
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1 Introduction

One of the activities in the work programme 2005/2006¹ of HEPA Europe is the establishment of an inventory of approaches, policy documents, and targets related to physical activity promotion in different countries of the European WHO Region. In this document the results of the first steps taken in the development of this inventory are presented.

The inventory will serve different purposes, namely:

- To provide Member States with information about existing policies, strategies and approaches from different European countries with regard to physical activity promotion
- To disseminate existing experiences
- To facilitate access to information and knowledge not readily available
- To provide a supportive information basis to develop, adapt, implement and evaluate policies, plans and interventions at the national and sub-national level
- To identify geographical or topical areas where information and examples are lacking

2 Methodology

The development of a full-fledged inventory is a major endeavour which should also be seen as a continuous process: while the main items to be included in the inventory have been identified in the work programme (approaches, policy documents, and targets related to physical activity promotion), different topics should be integrated gradually also taking into account possible further needs emerging over time. Therefore, it was decided to apply a stepwise approach in its development.

As a first step, it was decided to focus on a) national policy documents on physical activity promotion developed by relevant ministries (e.g. health, transport, environment) and b) on the identification of national networks for physical activity promotion. While the search strategy was focused on these two main topics, other documents (e.g. on nutrition, obesity, environment or on local initiatives) which were found were also included in the first version of the inventory, but completeness in these other sections was given lower priority.

In the identification of national policy documents and networks, different methods and sources were combined. The main sources include:

1) documents identified through:

- The WHO's electronic library
- The WHO Member States National Chronic Disease Prevention and Control Questionnaire distributed 2005

2) Internet-based search of documents on the websites of:

- the national Ministries of:
 - Health
 - Transport
 - Environment
 - Education, Culture, Youth and Sports
- Health Promotion Agencies
 - National and international agencies
 - Local and sub-national initiatives (as available)
- Other relevant physical activity promoting projects and activities (such as BYPAD, Walk 21 congresses etc.)

¹ Work Programme 2005/2006. HEPA Europe – European network for the promotion of health-enhancing physical activity. 14.11.2005.

- Key words used for the electronic search were: physical activity, HEPA, health enhancing physical activity, physical activity promotion, policy, guideline(s), strategy, programs, action plan, national program, and network.

3) Selected expert interviews (Pekka Oja, UKK Institute, Finland; Brian Martin, Swiss Federal Office of Sports; Roar Blom, WHO Regional Office for Europe)

Considered languages were English, French, German and Czech.

The results of these first steps are collated in this document. It should be noted that:

- 1) at the current stage, the inventory represents a mere collection of identified document which, however, were not yet analysed or quality checked. Therefore, inclusion into the inventory does not represent an endorsement of the document by WHO or HEPA Europe.
- 2) at the current stage, the inventory concentrated mainly on physical activity and health and physical activity and transport. In the future, the inventory shall also be expanded to cover other sectors (worksites, schools etc.).

3 Next steps

In the stepwise approach adopted for the development of this inventory, the following activities are currently foreseen to further complete the inventory:

- Consultation of the HEPA Europe mailing list
- Consultation of THE PEP Task Force on Cycling and Walking
- Inclusion of information received through a questionnaire sent to the CEHAPE Focal Points in preparation of the 3rd meeting of the CEHAPE Task Force on the Regional Priority Goal II including the topic of physical activity (30-31 March 2006, Dublin Ireland)
- Coordination with the preparatory process of the WHO Ministerial Conference on Counteracting Obesity. (15-17 November 2006, Istanbul, Turkey)
- Online publication of the inventory (searchable by categories and/or key words)
- Content analysis / evaluation of documents according to available resources

We would like to invite readers to contribute to the completion of the inventory, with a main focus on national policy documents.

If you see that a national policy document (or another relevant document) is missing in the respective sections on your country in chapter 5, please use the separate form to report them. If you do not have the form available, please send the information (including a link to the document and/or the document itself and if possible, an English abstract if the document is not available in English) to:

hepa@ecr.euro.who.int

(Sonja Kahlmeier, +39 06 48 77 51)

Thank you very much for your contributions!

4 Overview of results

In 17 European countries, a national policy document on physical activity promotion could be identified. Of these, 16 countries had at least one national policy document focussing on physical activity and health while in 5 countries a national policy document on physical activity and transport was identified. In 2 countries, a national HEPA network was found and one more country is preparing a platform on nutrition and physical activity.

Table 1: Overview of results for the WHO European region countries, by type of document and main topic

	<i>European Region countries</i>		Total
	On physical activity and health	On physical activity and transport	
National policy document	45	9	54
National recommendations and guidelines document	9	7	16
National legislation document	1	1	2
National knowledge and information document	67	28	95
National activities and programs	26	12	38
Subtotal	148	57	205
Local policy document	13	13	26
Local recommendations and guidelines document	3	12	15
Local legislation document	0	1	1
Local knowledge and information document	5	10	15
Local activities and programs	4	5	9
Subtotal	25	41	(66)
TOTAL			271

Table 2: Overview of results for international institutions and non-European Region countries, by type of document and main topic

	<i>International institutions</i>		<i>Non-European Region countries</i>		Total
	On physical activity and health	On physical activity and transport	On physical activity and health	On physical activity and transport	
Policy document	3	-	4	1	8
Recommendations and guidelines document	4	9	5	1	19
Legislation document	1	-			1
Knowledge and information document	21	7	11	1	40
Activities and programs	1	15	1		17
Subtotal	30	31	21	3	(85)
Local policy document	-	-	2	1	3
Local recommendations and guidelines document	-	-	1	0	1
Local legislation document	-	-	1	0	1
Local knowledge and information document	-	-	0	0	
Local activities and programs	-	-	0	0	
Subtotal			4	1	
TOTAL	30	31	25	4	90

5 Results by country

This section with the results by country is structured as follows²:

<p>1. Country name</p> <p>HEPA-Network</p> <p>National HEPA-Network found/not found.</p>
<p>Policy outcomes</p> <p>1. Policy documents</p> <p>1.1. <i>National policy documents on physical activity and health</i></p> <p>1.2. <i>National policy documents on physical activity and transport</i></p> <p>1.3. <i>Local policy documents on physical activity and health</i></p> <p>1.4. <i>Local policy documents on physical activity and transport</i></p> <p>2. Recommendations and guidelines</p> <p>2.1. <i>National recommendations and guidelines on physical activity and health</i></p> <p>2.2. <i>National recommendations and guidelines on physical activity and transport</i></p> <p>2.3. <i>Local recommendations and guidelines on physical activity and health</i></p> <p>2.4. <i>Local recommendations and guidelines on physical activity and transport</i></p> <p>3. Legislation</p> <p>3.1. <i>National legislation documents on physical activity and health</i></p> <p>3.2. <i>National legislation documents on physical activity and transport</i></p> <p>3.3. <i>Local legislation documents on physical activity and health</i></p> <p>3.4. <i>Local legislation documents on physical activity and transport</i></p>
<p>Knowledge & information</p> <p>1. Knowledge and information documents on physical activity and health</p> <p>1.1. <i>National documents on physical activity and health</i></p> <p>1.2. <i>Local documents on physical activity and health</i></p> <p>2. Knowledge and information documents on physical activity and transport</p> <p>2.1. <i>National documents on physical activity and transport</i></p> <p>2.2. <i>Local documents on physical activity and transport</i></p>
<p>Activities and programs</p> <p>1. Activities and programs on physical activity and health</p> <p>1.1. <i>National activities and programs on physical activity and health</i></p> <p>1.2. <i>Local activities and programs on physical activity and health</i></p> <p>2. Activities and programs on physical activity and transport</p> <p>2.1. <i>National activities and programs on physical activity and transport</i></p> <p>2.2. <i>Local activities and programs on physical activity and transport</i></p>

² The presented structure is based on the framework for evidence-based physical activity promotion currently developed by the Swiss Federal Office of Sports and HEPA Europe (Martin-Diener E et al. version 2.3.2006)

International institutions

1. In alphabetical order

Non-European countries

- 1. Australia**
- 2. Canada**
- 3. New-Zealand**
- 4. United States**

More information on the classification scheme used for the individual document coding can be found in Annex 1.

5.1 Albania

No national HEPA-Network and no documents in one of the considered languages found.

5.2 Andorra

No national HEPA-Network and no documents in one of the considered languages found.

5.3 Armenia

No national HEPA-Network and no documents in one of the considered languages found.

5.4 Austria

No national HEPA-Network and no documents in one of the considered languages found.

5.5 Azerbaijan

No national HEPA-Network and no documents in one of the considered languages found.

5.6 Belarus

No national HEPA-Network and no documents in one of the considered languages found.

5.7 Belgium

HEPA-Network

No national HEPA-Network found.

Policy outcomes

1. Policy Documents

1.1. National policy documents on physical activity and health

- No document identified in one of the considered languages.

1.2. National policy documents on physical activity and transport

- No document identified in one of the considered languages.

1.3. Local policy documents on physical activity and health

- No document identified in one of the considered languages.

1.4. Local policy documents on physical activity and transport

7PD2L.1 BE_Local, Cycling Action Plan / Fiets – Plan directeur Vélo 2005-2009 (French), City of Brussel, 2005: http://www.pascalsmet.be/mnt/mods/policy/docs/12_doc.pdf

2. Recommendations and guidelines

- No document identified in one of the considered languages.

3. Legislation

- No document identified in one of the considered languages.

Knowledge & information

1. Knowledge and information documents on physical activity and health

- No document identified in one of the considered languages.

2. Knowledge and information documents on physical activity and transport

- No document identified in one of the considered languages.

Activities and programs

1. Activities and programs on physical activity and health

- No document identified in one of the considered languages.

2. Activities and programs on physical activity and transport

2.1. National activities and programs on physical activity and transport

- No document identified in one of the considered languages.

2.2. Local activities and programs on physical activity and transport

7A2L.1 BE_Local, Observatoire du vélo, Report 1999-2000 – Région Brussel (French), ProVélo, 2001: <http://www.provelo.org/pdf/Rapport2001.pdf>

7A2L.2 BE_Local, Observatoire du vélo, Observations 1998-2004 – Région Brussel (French), ProVélo, 2005: <http://www.provelo.org/pdf/RapportObs2004.pdf>

7A2L.3 BE_Local, Programme Life Environment, Rendre Bruxelles cyclable – report 1998-2000 (French), ProVélo, 2001: http://www.provelo.org/pdf/rapport_LifeFr.pdf

7A2L.4 BE_Local, My town rides a bike / Cahier du vélo, n.6: Ma commune fait du vélo (French), ProVélo, 2002: <http://www.provelo.org/pdf/CahierVelo6.pdf>

5.8 Bosnia and Herzegovina

No national HEPA-Network and no documents in one of the considered languages found.

5.9 Bulgaria

No national HEPA-Network and no documents in one of the considered languages found.

5.10 Croatia

No national HEPA-Network and no documents in one of the considered languages found.

5.11 Cyprus

No national HEPA-Network and no documents in one of the considered languages found.

5.12 Czech Republic

HEPA-Network

No national HEPA-Network found.

Policy outcomes

1. Policy Documents

1.1. National policy documents on physical activity and health

12PD1N.1 CZ, National Environmental Health Action Plan of the Czech Republic (NEHAP), National Institute of Public Health, 1998: online doc under http://www.szu.cz/chzpa/nehap/a0_obsah.htm

1.2. National policy documents on physical activity and transport

12PD2N.1 CZ, Implementation of the National Cycling Strategy in CZ, MoT, 2005: http://www.cyklostrategie.cz/download/lecture_2005.pdf

12PD2N.2 CZ, National Cycling Strategy (Czech), MoT, 2005: <http://www.cyklostrategie.cz/download/cyklostrategie.pdf>

12PD2N.3 CZ, National Cycling Strategy - aims, realities and perspectives (Czech), MoT, 2005: http://www.cyklostrategie.cz/download/cyklostrategie_2005.pdf

1.3. Local policy documents on physical activity and health

- No document identified in one of the considered languages.

1.4. Local policy documents on physical activity and transport

- No document identified in one of the considered languages.

2. Recommendations and guidelines

- No document identified in one of the considered languages.

3. Legislation

- No document identified in one of the considered languages.

Knowledge & information

1. Knowledge and information documents on physical activity and health

- No document identified in one of the considered languages.

2. Knowledge and information documents on physical activity and transport

- No document identified in one of the considered languages.

Activities and programs

1. Activities and programs on physical activity and health

- No document identified in one of the considered languages.

2. Activities and programs on physical activity and transport

- No document identified in one of the considered languages.

5.13 Denmark

HEPA-Network

No national HEPA-Network found.

Policy outcomes

1. Policy Documents

1.1. National policy documents on physical activity and health

13PD1N.1 DK, Healthy throughout life - Targets & Strategies for Public Health Policy of the Government of Denmark 2002-2010, MoH, 2003:

<http://www.folkesundhed.dk/media/healthythroughoutlife.pdf>

13PD1N.2 DK, National Action Plan Against Obesity – Recommendations and Perspectives - Short version, National Board of Health/Center for Health Promotion and Prevention, 2003: http://www.sst.dk/publ/publ2003/National_action_plan.pdf

1.2. National policy documents on physical activity and transport

- No document identified in one of the considered languages.

1.3. Local policy documents on physical activity and health

- No document identified in one of the considered languages.

1.4. Local policy documents on physical activity and transport

- No document identified in one of the considered languages.

2. Recommendations and guidelines

- No document identified in one of the considered languages.

3. Legislation

- No document identified in one of the considered languages.

Knowledge & information

1. Knowledge and information documents on physical activity and health

1.1. National documents on physical activity and health

13K1N.1 DK, Motivation of the population and barriers to physical activity – report (Danish), MoH, 2003: http://www.sst.dk/publ/Publ2003/bilag_barrierer.pdf

13K1N.2 DK, Lifestyle and Health Behaviour of 11-15 years old Children - 1997-2003 (Danish), MoH, 2005: http://www.sst.dk/publ/publ2005/CFF/11_15_livsstil/MOrten_2.pdf

13K1N.3 DK, Unges livsstil og dagligdag 2004 (Danish), MoH, 2005: <http://www.sst.dk/publ/Publ2005/CFF/Muld/Muld.pdf>

1.2. Local documents on physical activity and health

- No document identified in one of the considered languages.

2. Knowledge and information documents on physical activity and transport

1.1. National documents on physical activity and transport

13K2N.1 DK, ADONIS. **A**nalysis and **D**evelopment **O**f **N**ew **I**n-sight into **S**ubstitution of short car trips by cycling and walking – Best practice to promote cycling and walking, Danish Road Directorate, MoT and Energy, 1998: <http://www.vejdirektoratet.dk/pdf/adonis/adonis.pdf>

13K2N.2 DK, Collection of Cycling concepts, Danish Road directorate, MoT and Energy, 2000: <http://www.cities-for-cyclists.org/dokumenter/cycon.pdf>

13K2N.3 DK, Key figures for transport 2004, MoT and Energy, 2004: http://www.trm.dk/graphics/Synkron-Library/trafikministeriet/Publikationer/Rapporter/key_figures_for_transport_2004.pdf

1.2.

Local documents on physical activity and transport

- 13K2L.1** DK, Copenhagen, City of cyclists – Bicycle account 2004, City of Copenhagen/Building and Construction Administration, Roads and Parks Department, 2005:
http://www.vejpark.kk.dk/publikationer/pdf/412_cykelregnskab2004_UK.pdf

Activities and programs

1. Activities and programs on physical activity and health

- No document identified in one of the considered languages.

2. Activities and programs on physical activity and transport

- No document identified in one of the considered languages.

5.14 Estonia

HEPA-Network

No national HEPA-Network found.

Policy outcomes

1. Policy Documents

- No document identified in one of the considered languages.

2. Recommendations and guidelines

- No document identified in one of the considered languages.

3. Legislation

- No document identified in one of the considered languages.

Knowledge & information

1. Knowledge and information documents on physical activity and health

1.1. National documents on physical activity and health

- 14K1N.1** EST, Health questions - facts, (no year):
<http://www.euro.who.int/Document/E82865EE.pdf>

- 14K1N.2** EST, Nutrition and Lifestyle in the Baltic Republics, summary report, 1999:
<http://www.lshtm.ac.uk/ecohost/baltic.pdf>

1.2. Local documents on physical activity and health

- No document identified in one of the considered languages.

2. Knowledge and information documents on physical activity and transport

- No document identified in one of the considered languages.

Activities and programs

1. Activities and programs on physical activity and health

- No document identified in one of the considered languages.

2. Activities and programs on physical activity and transport

- No document identified in one of the considered languages.

5.15 Finland

HEPA-Network

No national HEPA-Network found.

Policy outcomes

1. Policy Documents

- No document identified in one of the considered languages.

2. Recommendations and guidelines

- No document identified in one of the considered languages.

3. Legislation

- No document identified in one of the considered languages.

Knowledge & information

1. Knowledge and information documents on physical activity and health

1.1. National documents on physical activity and health

15K1N.1 FIN, Physical Activity Policy & Program Development: the Finnish Experience, Article in Public Health Reports, 2004:

http://www.publichealthreports.org/userfiles/119_3/119331.pdf

15K1N.2 FIN, Health behaviour and Health among the Finnish adult population, National Public Health Institute (Finnish), 2005:

http://www.ktl.fi/attachments/suomi/julkaisut/julkaisusarja_b/2005/2005b18.pdf

15K1N.3 FIN, Health behaviour and Health among the Finnish adult population, National Public Health Institute (Finnish), 2003:

http://www.ktl.fi/attachments/suomi/julkaisut/julkaisusarja_b/2003b17.pdf

1.2. Local documents on physical activity and health

- No document identified in one of the considered languages.

2. Knowledge and information documents on physical activity and transport

1.1. National documents on physical activity and transport

15K2N.1 FIN, Nordic cycling, Risto, Saari, MoT (Word doc), 2005.

1.2. Local documents on physical activity and transport

- No document identified in one of the considered languages.

Activities and programs

1. Activities and programs on physical activity and health

- No document identified in one of the considered languages.

2. Activities and programs on physical activity and transport

1.1. National activities and programs on physical activity and transport

15A2N.1 FIN, Promoting safe walking and cycling, LINTU Project, 2000

http://www.vtt.fi/rte/projects/srs/raportit/lintu_osa14_safe_walking.pdf

15A2N.2 FIN, Promoting walking and biking for more sensitive and sustainable transport, brochure, JALOIN Programme, MoT, 2002 (?):

http://www.tieliikelaitos.fi/jaloin/tiedostot/291003/yleisesite_englanti.pdf

15A2N.3 FIN, Promoting Pedestrian and Bicycle Traffic in Finland – Wintertime pedestrian traffic, JALOIN programme, brochure, MoT, 2002 (?):

http://www.tieliikelaitos.fi/jaloin/tiedostot/291003/talvijalankulku_englanti.pdf

15A2N.4 FIN, Promoting Pedestrian and Bicycle Traffic in Finland – Winter Cycling, JALOIN programme, brochure, MoT, 2002 (?):

http://www.tieliikelaitos.fi/jaloin/tiedostot/170204/esite_TP_eng.pdf

15A2N.5 FIN, Promoting pedestrian and bicycle traffic in Finland / JALOIN Programme 2001-2004, MoT, 2005: http://www.tieliikelaitos.fi/jaloin/tiedostot/280205/upl241-Publications_2066_2004.pdf

1.2. Local activities and programs on physical activity and transport

- No document identified in one of the considered languages.

5.16 France

HEPA-Network

No national HEPA-Network found.

Policy outcomes

1. Policy Documents

1.1. National policy documents on physical activity and health

16PD1N.1 FR, PNNS – Sédentarité et inactivité physique (French), Direction Générale de la Santé/MoH, 2003: <http://www.sante.gouv.fr/htm/dossiers/losp/06sedentarite.pdf>

16PD1N.2 FR, Plan national nutrition santé 2001-2005 (PNNS), (French), Ministry for Employment and Welfare & MoH, 2001: <http://www.sante.gouv.fr/htm/pointsur/nutrition/1n1.pdf>

1.2. National policy documents on physical activity and transport

16PD2N.1 FR, Proposition pour encourager le développement de la bicyclette en France (French), Mission parlementaire Vélo, 2004: <http://lesrapports.ladocumentationfrancaise.fr/BRP/044000109/0000.pdf>

1.3. Local policy documents on physical activity and health

- No document identified in one of the considered languages.

1.4. Local policy documents on physical activity and transport

- No document identified in one of the considered languages.

2. Recommendations and guidelines

2.1. National recommendations and guidelines on physical activity and health

16PR1N.1 FR, Prise en charge de l'obésité de l'enfant et de l'adolescent – rapport du service des recommandations professionnelles (French), Agence nationale d'accréditation et d'évaluation en santé (ANAES), 2004:

http://www.sante.gouv.fr/htm/pointsur/nutrition/obesite_rap.pdf

16PR1N.2 FR, Plan national nutrition santé 2001-2005 (PNNS): La santé vient en mangeant et en bougeant – Livret d'accompagnement du Guide nutrition des enfants et ados pour tous les parents destiné aux professionnels de santé (French), INPES/MoH, 2004:

http://www.inpes.sante.fr/10000/campcom/nutrition/img/guide_nut_pro.pdf

16PR1N.3 FR, Plan national nutrition santé 2001-2005 (PNNS) – Livret d'accompagnement du Guide Nutrition pour tous destiné aux professionnels de santé (French), INPES/MoH, 2002: <http://www.inpes.sante.fr/CFESBases/catalogue/pdf/567.pdf>

2.2. National recommendations and guidelines on physical activity and transport

16PR2N.1 FR, Eco-mobilité: Les déplacements non-motorisés: marche, vélo, roller..., éléments clefs pour une alternative en matière de mobilité urbaine (French), Ministry of Public Works, Housing, Transport and Tourism (Direction of Research and Scientific and Technical Affairs) (PREDIT), 2003: <http://www.innovations-transport.fr/IMG/pdf/RMT03-035VF.pdf>

16PR2N.2 FR, Eco-mobility: non-motorised transport – walking, cycling, rollerblading..., Key elements for an alternative in urban mobility, Ministry of Public Works, Housing, Transport and Tourism (Direction of Research and Scientific and Technical Affairs) (PREDIT), 2003:

http://urbamet.documentation.equipement.gouv.fr/documents/CETTEXST005353/CETTEXST005353_1.pdf

2.3. Local recommendations and guidelines on physical activity and health

- 16PR3L.1** FR_Local, Vers un profil santé de ville: système local d'observation en santé – éléments de préconisations (French), Réseau français des villes-santé de l'Organisation Mondiale de la Santé, 2005: http://www.villes-sante.com/datas/doc_pdf/Vers%20un%20Profil%20Sante%20de%20Ville.pdf
- 16PR3L.2** FR_Local, La nutrition à l'échelle de la ville – Guide pratique à l'usage des acteurs locaux dans le cadre du Plan National Nutrition Sante (French), Réseau français des villes-santé de l'Organisation Mondiale de la Santé (OMS), 2005: http://www.villes-sante.com/datas/doc_pdf/Guide%20ok%20PNNS%2020_05.pdf

2.4. Local recommendations and guidelines on physical activity and transport

- 16PR4L.1** FR_Local, Petits enseignements sur les déplacements urbains (French), Syndicat des Transports de l'Agglomération Lyonnaise (SYTRAL), 2004: <http://www.sytral.fr/reseau/pdu/images/enseignements.pdf>
- 16PR4L.2** FR_Local, Guide à l'intention des collectivités locales – Faciliter la mobilité des citoyens, aménager l'espace (French), Fédération Nationale des Travaux Publics, 2005: <http://www.fntp.fr/publications/img/1/114.pdf>
- 16PR4L.3** FR_Local, Modalités de financement des véloroutes et voies vertes en Ile de France - version 2 (French), Direction Régionale de l'équipement Ile-de-France, 2003: <http://www.pduif.org/upload/guides/VeloF.pdf>

3. **Legislation**

- No document identified in one of the considered languages.

Knowledge & information

1. **Knowledge and information documents on physical activity and health**

1.1. National documents on physical activity and health

- 16K1N.1** FR, Plan national nutrition santé 2001-2005 (PNNS) – Activité physique: arguments scientifiques, pistes pratiques/ physical activity, diet and health: arguments and pistes pratiques (French), MoH, 2001 (?): http://www.sante.gouv.fr/htm/pointsur/nutrition/actions42_activite.pdf
- 16K1N.2** FR, Développement des activités physiques et sportives (APS) 2002 – Rapport au Parlement et au Gouvernement sur le Développement des APS – Modernisation des méthodes et dimensions sociales du sport (French), Conseil national des activités physiques et sportives (CNAPS), 2003: <http://lesrapports.ladocumentationfrancaise.fr/BRP/034000693/0000.pdf>
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- 16K1N.4** FR, Activités physiques et santé – Etude comparative de trois villes européennes – Thesis – (French), Faculté mixte de médecine et de pharmacie de Rouen, 2004: <http://www.lehavresante.com/types/THESEEMO.pdf#THESEEMO>
- 16K1N.5** FR, Surpoids et obésité chez les enfants de 7 à 9 ans (French), Institut de veille sanitaire, 2000: <http://lesrapports.ladocumentationfrancaise.fr/BRP/054000194/0000.pdf>

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- 16K1N.7** FR, Conférence nationale de santé (French), rapport 2000, 2000:
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- 16K1N.9** FR, Indicateurs de suivi de l'atteinte des 100 objectifs du rapport annexé à la loi du 9 août 2004 relative à la politique de santé publique (French), MoH, 2005 :
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- 16K1N.10** FR, Rapport en ligne, Prévention et prise en charge de l'obésité (French), Sénat, 2005: online document, download under : <http://www.senat.fr/rap/r05-008/r05-008.html>
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<http://www.inserm.fr/fr/questionsdesante/mediatheque/ouvrages/att00001953/20juin2000.pdf>

1.2. Local documents on physical activity and health

- No document identified in one of the considered languages.

2. Knowledge and information documents on physical activity and transport

1.1. National documents on physical activity and transport

- 16K2N.1** FR, Intérêt Economique de développer les modes doux -1er carrefour national sur le management des déplacements (French), Villes-cyclables.org, 2005:
http://www.carrefour-deplacements.com/uploads/Document/WEB_CHEMIN_246_1133277189.pdf
- 16K2N.2** FR, Quelques lieux communs sur les modes doux - le vélo et la marche (French), Centre d'études sur les réseaux, les transports, l'urbanisme et les constructions publiques (CERTU), 2002: Online Word Doc, download: http://www.villes-cyclables.org/2003B/down/mode_doux.doc
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1.2. Local documents on physical activity and transport

16K2L.1 FR_Local, Plan de déplacements urbains, Compte rendu de la rencontre des acteurs – Circulation douce, vélo et plans de déplacements (French), Plan de Déplacements Urbains en Ile-de-France (PDUIF)/ Direction Régionale de l'équipement Ile-de-France, 2003: <http://www.pduif.org/upload/document/CRRA030313.pdf>

Activities and programs

1. Activities and programs on physical activity and health

1.1. National activities and programs on physical activity and health

16A1N.1 FR, Bougez-vous la vie – Programme HEPA contre la sédentarité et promotion des activités physiques et sportives (French), no source, 2004:

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16A1N.2 FR, La santé vient en bougeant – Guide nutrition pour tous (French), PNNS /INPES, 2004: online doc, download page (left side):

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1.2. Local activities and programs on physical activity and health

16A1L.1 FR, Plan national nutrition santé 2001-2005 (PNNS) : Déclinaison du Programme National Nutrition Santé en Haute-Normandie – Avancement au 1 Juin 2004 (French), MoH, 2004: <http://www.sante.gouv.fr/htm/pointsur/nutrition/PgmHteNorm.pdf>

2. Activities and programs on physical activity and transport

1.1. National activities and programs on physical activity and transport

- No document identified in one of the considered languages.

1.2. Local activities and programs on physical activity and transport

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http://www.pduif.org/upload/guides/bilan_entier.pdf

5.17 Georgia

No national HEPA-Network and no documents in one of the considered languages found.

5.18 Germany

HEPA-NETWORK

No formal network, but:

Internet Platform diet and Physical Activity, “In balance – for a healthy life”:

<http://www.ernaehrung-und-bewegung.de/peb.php?>

Objectives :

In English http://www.ernaehrung-und-bewegung.de/site/pictures/founding_programme.pdf

Im Zentrum der Plattform-Arbeit steht die Notwendigkeit, der Entstehung von Übergewicht bei Kinder und Jugendlichen vorzubeugen. Das Gründungsprogramm benennt hierfür zentrale Aktionsfelder:

- Ursachen klären und eine Gute Praxis entwickeln
- Wissen vermitteln und Akteure qualifizieren
- Neue Ansätze erproben Öffentlichkeit informieren und die Plattformarbeit verbreiten

Action plan (German): <http://www.ernaehrung-und-bewegung.de/site/pictures/Aktionsprogramm.pdf>

Contact:

Plattform Ernährung und Bewegung e.V.

Geschäftsführung

Dr. Anna Oldenburg

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10179 Berlin

Tel.: (030) 278797-67

Fax: (030) 278797-69

E-Mail: plattform@ernaehrung-und-bewegung.de

Policy outcomes

1. Policy documents

1.1. National policy documents on physical activity and health

18PD1N.1 GER, Nationaler Aktionsplan für ein kindergerechtes Deutschland 2005 -2010, Ministerium für Familie, Senioren, Frauen und Jugend (German), 2005:

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1.2. National policy documents on physical activity and transport

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1.3. Local policy documents on physical activity and health

- No document identified in one of the considered languages.

1.4. Local policy documents on physical activity and transport

- No document identified in one of the considered languages.

2. Recommendations and guidelines

2.1. National recommendations and guidelines on physical activity and health

18PR1N.1 GER, Gesundheit für Kinder und Jugendliche - Konzept 1 (German), Federal Center for Health Education/BzGA, 2001: http://www.bzga.de/bzga_stat/pdf/60401000.pdf

18PR1N.2 GER, Health for Children and Adolescents – Concept 1, Federal Center for Health Education/BzGA, 2001: http://www.bzga.de/bzga_stat/pdf/60401070.pdf

18PR1N.3 GER, Gesundheitsförderung im Kindergarten – 3 (German), Federal Center for Health Education/BzGA, 2001: http://www.bzga.de/bzga_stat/pdf/60403000.pdf

18PR1N.4 GER, Health promotion at Kindergarten – 3, Federal Center for Health Education/BzGA, 2001: http://www.bzga.de/bzga_stat/pdf/60403070.pdf

2.2. National recommendations and guidelines on physical activity and transport

- No document identified in one of the considered languages.

2.3. Local recommendations and guidelines on physical activity and health

- No document identified in one of the considered languages.

2.4. Local recommendations and guidelines on physical activity and transport

- No document identified in one of the considered languages.

3. Legislation

- No document identified in one of the considered languages.

Knowledge & information

1. Knowledge and information documents on physical activity and health

1.1. National documents on physical activity and health

18K1N.1 GER, Physical Activity / Körperliche Aktivität – Heft 26 (German), Robert Koch Institute, 2005:

http://www.rki.de/cln_011/nn_231642/EN/Content/Health_Reporting/GBEDownloadsT/koerperliche_20aktivitaet,templateld=raw,property=publicationFile.pdf/koerperliche%20aktivitaet

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- 18K1N.4** GER, Gesundheitsziele.de, Forum zur Entwicklung und Umsetzung von Gesundheitszielen in Deutschland – Gesund aufwachsen: Ernährung, Bewegung, Stressbewältigung / Bericht AG7 (German), Gesellschaft fuer Versicherungswissenschaft und -gestaltung e.V. (GVG), 2003: <http://www.kindersicherheit.de/AuszugBerichtAG7.pdf>
- 18K1N.5** GER, Das Ernährungsverhalten Jugendlicher im Kontext ihrer Lebensstile – empirische Studie, Band 20 (German), Federal Center for Health Education/BzGA, 2003: http://www.bzga.de/bzga_stat/pdf/60620000.pdf
- 18K1N.6** GER, Erfolgsbedingungen fuer Adipositas Programme im Kindesalter, FH Fulda, 2005: <http://www.gesundheit-nds.de/downloads/08.12.2005.vortrag.blaettner.pdf>
- 18K1N.7** GER, Overweight and Obesity / Übergewicht und Adipositas – Heft 16 (German), Robert Koch Institute, 2004: http://www.rki.de/cln_011/nn_231642/EN/Content/Health_Reporting/GBEDownloadsT/uebergewicht,templated=raw,property=publicationFile.pdf/uebergewicht
- 18K1N.8** GER, Erkenntnisstand von Adipositas im Kindesalter, Prävention und Präventionsstrategien, FH Fulda, 2005: <http://www.gesundheit-nds.de/downloads/08.12.05.vortrag.kohlenberg.mueller.pdf>
- 18K1N.9** GER, Qualitätskriterien für Programme zur Prävention und Therapie von Übergewicht und Adipositas bei Kindern und Jugendlichen, Qualitätsraster für Präventionsmaßnahmen – Konsensuspapier Patientenschulungsprogramme, Band 4 / Gesundheitsförderung konkret (German), Federal Center for Health Education/BzGA, 2005: <http://www.bzga-kinderuebergewicht.de/pdf/qualitaetskriterien.pdf>
- 18K1N.10** GER, Einfach gesünder, das Präventionsgesetz (German), MoH, 2005: http://www.bmgs.bund.de/cln_040/nn_603390/SharedDocs/Publikationen/Praevension/a-422-10244,templated=raw,property=publicationFile.pdf/a-422-10244.pdf

1.2. Local documents on physical activity and health

- No document identified in one of the considered languages.

2. **Knowledge and information documents on physical activity and transport**

- No document identified in one of the considered languages.

Activities and programs

1. **Activities and programs on physical activity and health**

1.1. National activities and programs on physical activity and health

- 18A1N.1** GER, Deutschland wird fit – Gehen Sie mit (German), MoH, 2005: http://www.bmgs.bund.de/cln_040/nn_603390/SharedDocs/Publikationen/Praevension/a-426,templated=raw,property=publicationFile.pdf/a-426.pdf
- 18A1N.2** GER, Platform diet and physical activity – Founding Program “In balance – for a healthy life”, (no year): http://www.ernaehrung-und-bewegung.de/site/pictures/founding_programme.pdf

- 18A1N.3** GER, Gesund und Munter – Bewegung und Entspannung, Heft 4 (German), Federal Center for Health Education/BzGA, 2003:
<http://www.bzga.de/pdf.php?id=d87684f956c56f0f19e946b00a910e40>
- 18A1N.4** GER, Bewegung fördern - Unfälle vermeiden / Gehüpft wie gesprungen – Infomappe für Lehrer (German), Kindersicherheit.de, 2005:
<http://www.kindersicherheit.de/Infomappe2005.pdf>
- 18A1N.5** GER, Healthy ageing / Gesund altern, Bundesministerium für Gesundheit und Soziale Sicherung, 2004, mod. 2006:
http://www.bmg.bund.de/cln_041/nn_603384/SharedDocs/Publikationen/Gesundheit/g-300,templateId=raw,property=publicationFile.pdf/g-300.pdf

1.2. Local activities and programs on physical activity and health

- No document identified in one of the considered languages.

2. Activities and programs on physical activity and transport

2.1. National activities and programs on physical activity and transport

- No document identified in one of the considered languages.

2.2. Local activities and programs on physical activity and transport

- No document identified in one of the considered languages.

5.19 Greece

No national HEPA-Network and no documents in one of the considered languages found.

5.20 Hungary

HEPA-Network

No national HEPA-Network found.

Policy outcomes

1. Policy documents

1.1. National policy documents on physical activity and health

- 20PD1N.1** HU, 'Johan Bela' – National Programme for the Decade of Health, 2003:
http://www.eum.hu/eum/plumtree_files/noderoot/publish/eszcsinternetfelc3bclet/portletfolder/angol/rovatok/aboutus/publichealthprogramme/nationalpublichealthprogramme_summary6.pdf
- 20PD1N.2** HU, National Public Health Programme – Action Plan 2004 – summary, 2004:
http://www.eum.hu/eum/plumtree_files/noderoot/publish/eszcsinternetfelc3bclet/portletfolder/angol/rovatok/aboutus/publichealthprogramme/nationalpublichealthprogramme_summary10.pdf
- 20PD1N.3** HU, National Nutritional Policy of Hungary (Hungarian), 2004:
<http://www.antsz.hu/oeti/taplal/ntaplpol.pdf>

1.2. National policy documents on physical activity and transport

- No document identified in one of the considered languages.

1.3. Local policy documents on physical activity and health

- No document identified in one of the considered languages.

1.4. Local policy documents on physical activity and transport

- No document identified in one of the considered languages.

2. Recommendations and guidelines

- No document identified in one of the considered languages.

3. Legislation

- No document identified in one of the considered languages.

Knowledge & information

1. Knowledge and information documents on physical activity and health

- No document identified in one of the considered languages.

2. Knowledge and information documents on physical activity and transport

- No document identified in one of the considered languages.

Activities and programs

1. Activities and programs on physical activity and health

- No document identified in one of the considered languages.

2. Activities and programs on physical activity and transport

- No document identified in one of the considered languages.

5.21 Iceland

HEPA-Network

No national HEPA-Network found.

Policy outcomes

1. Policy documents

1.1. National policy documents on physical activity and health

21PD1N.1 IS, The Icelandic National Health Plan to the year 2010 – abridged version, Ministry of Health and social security, 2001:

<http://www.heilbrigdisraduneyti.is/media/Skyrslur/heilbenska5mai.pdf>

1.2. National policy documents on physical activity and transport

- No document identified in one of the considered languages.

1.3. Local policy documents on physical activity and health

- No document identified in one of the considered languages.

1.4. Local policy documents on physical activity and transport

- No document identified in one of the considered languages.

2. Recommendations and guidelines

- No document identified in one of the considered languages.

3. Legislation

- No document identified in one of the considered languages.

Knowledge & information

1. Knowledge and information documents on physical activity and health

- No document identified in one of the considered languages.

2. Knowledge and information documents on physical activity and transport

- No document identified in one of the considered languages.

Activities and programs

1. Activities and programs on physical activity and health

- No document identified in one of the considered languages.

2. Activities and programs on physical activity and transport

- No document identified in one of the considered languages.

5.22 Ireland

HEPA-Network

No national HEPA-Network found/.

Policy outcomes

1. Policy documents

1.1. National policy documents on physical activity and health

22PD1N.1 IE, Sports for Life – Statement of Strategy 2003-2005, Irish Sports Council Strategy, 2003: <http://www.irishsportsCouncil.ie/GetAttachment.aspx?id=a276a143-4fc0-4c4a-839c-1538c89d52fd>

22PD1N.2 IE, The National Health promotion strategy, 2000-2005, Department of Health and Children, 2000: <http://www.dohc.ie/publications/pdf/hpstrat.pdf?direct=1>

22PD1N.3 IE, The current Public Health Policy, Department of Health and Children (?), (?): <http://www.phis.org.uk/pdf.pl?file=pdf/16%20profile%20Ireland.pdf>

1.2. National policy documents on physical activity and transport

- No document identified in one of the considered languages.

1.3. Local policy documents on physical activity and health

22PD2L.1 IE, Sport and Recreation Action Plan 2004 – Local Sport Partnership, County of Limerick, 2004 (?): <http://www.limerickcdb.ie/docs/ActionPlan2005/front%20page.pdf>

22PD2L.2 IE, Sport and Recreation Action Plan 2003 – Local Sport Partnership, County of Limerick, 2003 http://www.limerickcdb.ie/sport_plan.pdf

1.4. Local policy documents on physical activity and transport

- No document identified in one of the considered languages.

2. Recommendations and guidelines

- No document identified in one of the considered languages.

3. Legislation

- No document identified in one of the considered languages.

Knowledge & information

1. Knowledge and information documents on physical activity and health

1.1. National documents on physical activity and health

22K1N.1 IE, The National Health and Lifestyle Survey - Regional Results of the National Health & Lifestyle Surveys SLÁN (Survey of Lifestyle, Attitudes & Nutrition) & HBSC (Health Behaviour in School Aged Children), Health Promotion Unit, Department of Health, 2003: <http://www.dohc.ie/publications/pdf/lifestyle.pdf?direct=1>

22K1N.2 IE, Dietary habits of the Irish Population – results from SLAN (Survey of Lifestyle, Attitudes & Nutrition) - Annual Report 2003, National Nutrition Surveillance Center, 2003: <http://www.dohc.ie/publications/pdf/diethab.pdf?direct=1>

1.2. Local documents on physical activity and health

- No document identified in one of the considered languages.

2. Knowledge and information documents on physical activity and transport

2.1. National documents on physical activity and transport

- No document identified in one of the considered languages.

2.2. Local documents on physical activity and transport

22K2L.1 IE, Belfast Cycle Study, to download under:
<http://www.roadsni.gov.uk/cycling/pdfs/BelfastCycleStudy.pdf>

Activities and programs

1. Activities and programs on physical activity and health

1.1. National activities and programs on physical activity and health

22A1N.1 IE, Ireland's changing heart – second report on Implementation of the Cardiovascular Health Strategy, Health Heart Task Force, Department of Health, 2003:

http://www.healthpromotion.ie/pdf/Irelands_Changing_Heart.pdf

22A1N.2 IE, Ireland needs and change of Heart – Information Pack, Heart Health Task Force, Department of Health, 2000:

http://www.healthpromotion.ie/uploaded_docs/info_pack_opt.pdf

1.2. Local activities and programs on physical activity and health

- No document identified in one of the considered languages.

2. Activities and programs on physical activity and transport

2.1. National activities and programs on physical activity and transport

22A2N.1 IE, Handbook - get a life, get active – a handy guide to Physical Activity for a healthier Heart, Heart Health Task Force, Department of Health, 2001:

<http://www.healthpromotion.ie/pdf/phys.pdf>

2.2.

Local activities and programs on physical activity and transport

- No document identified in one of the considered languages.

5.23 Israel

No national HEPA-Network and no documents in one of the considered languages found.

5.24 Italy

No national HEPA-Network and no documents in one of the considered languages found.

5.25 Kazakhstan

No national HEPA-Network and no documents in one of the considered languages found.

5.26 Kyrgyzstan

No national HEPA-Network and no documents in one of the considered languages found.

5.27 Latvia

HEPA-Network

No national HEPA-Network found.

Policy outcomes

1. *Policy Documents*

1.1. National policy documents on physical activity and health

27PD1N.1 LV, Latvian Action Program for Implementation of the Public Health Strategy 2004-2010 (Latvian), 2003: online doc, download under “Latvija” at <http://www.emcdda.eu.int/?nnodeid=1360>

1.2. National policy documents on physical activity and transport

- No document identified in one of the considered languages.

1.3. Local policy documents on physical activity and health

- No document identified in one of the considered languages.

1.4.

Local policy documents on physical activity and transport

- No document identified in one of the considered languages.

2. Recommendations and guidelines

- No document identified in one of the considered languages.

3. Legislation

- No document identified in one of the considered languages.

Knowledge & information

1. Knowledge and information documents on physical activity and health

1.1. National documents on physical activity and health

27K1N.1 LV, Health Behaviour among Latvian adult population, NPHI, 2005:

http://www.ktl.fi/attachments/latvia2004_2005b9.pdf

1.2. Local documents on physical activity and health

- No document identified in one of the considered languages.

2. Knowledge and information documents on physical activity and transport

- No document identified in one of the considered languages.

Activities and programs

1. Activities and programs on physical activity and health

- No document identified in one of the considered languages.

2. Activities and programs on physical activity and transport

- No document identified in one of the considered languages.

5.28 Lithuania

HEPA-Network

No national HEPA-Network found.

Policy outcomes

1. Policy documents

- No document identified in one of the considered languages.

2. Recommendations and guidelines

- No document identified in one of the considered languages.

3. Legislation

- No document identified in one of the considered languages.

Knowledge & information

1. Knowledge and information documents on physical activity and health

1.1. National documents on physical activity and health

28K1N.1 LIT, Health Behaviour among Lithuanian adult population (Lith.), NPHI, 2005:

http://www.ktl.fi/attachments/lithuania2004_2005b4.pdf

28K1N.2 LIT, The prevalence of overweight and obesity in relation to social and behavioral factors, Institute for Biomedical Research, 2003: <http://medicina.kmu.lt/0312/0312-12e.pdf>

1.2. Local documents on physical activity and health

- No document identified in one of the considered languages.

2. Knowledge and information documents on physical activity and transport

- No document identified in one of the considered languages.

Activities and programs

1. Activities and programs on physical activity and health

- No document identified in one of the considered languages.

2. Activities and programs on physical activity and transport

- No document identified in one of the considered languages.

5.29 Luxembourg

HEPA-Network

No national HEPA-Network found.

Policy outcomes

1. Policy documents

1.1. National policy documents on physical activity and health

29PD1N.1 LU, Health for All / Santé pour tous (French), MoH, 2004:

http://www.ms.etat.lu/MIN_SANT/Publication/SANTE%20POUR%20TOUS.pdf

1.2. National policy documents on physical activity and transport

- No document identified in one of the considered languages.

1.3. Local policy documents on physical activity and health

- No document identified in one of the considered languages.

1.4. Local policy documents on physical activity and transport

- No document identified in one of the considered languages.

2. Recommendations and guidelines

- No document identified in one of the considered languages.

3. Legislation

- No document identified in one of the considered languages.

Knowledge & information

1. Knowledge and information documents on physical activity and health

- No document identified in one of the considered languages.

2. Knowledge and information documents on physical activity and transport

- No document identified in one of the considered languages.

Activities and programs

1. Activities and programs on physical activity and health

- No document identified in one of the considered languages.

2. Activities and programs on physical activity and transport

- No document identified in one of the considered languages.

5.30 Malta

No national HEPA-Network and no documents in one of the considered languages found.

5.31 Monaco

No national HEPA-Network and no documents in one of the considered languages found.

5.32 Netherlands

HEPA-Network

No national HEPA-Network found.

Policy outcomes

1. Policy documents

1.1. National policy documents on physical activity and health

32PD1N.1 NL, Sport Action Plan against obesity, Sport maakt zich sterk tegen overgewicht – Plan in het kader van het convenant overgewicht (Dutch), NOC*NSF, 2005:

http://www.nocnsf.nl/attachments/actieplan_convenant_overgewicht.pdf

32PD1N.2 NL, Time for sport – exercise, participate, perform, Ministry of Health, Welfare and Sport, 2005: http://www.minvws.nl/images/time-for-sport---exercise-participate-perform3_tcm11-78984.pdf

The policy document "Time for sport" outlines the plans on sport policy up until 2010. During this period major investments will be made in sports; a total amount of nearly €100 million annually from 2006 onwards. The document shows how the government intends to achieve its aims along three themes: healthy through sport – participation through sport – top-class sport

32PD1N.3 NL, Time for sport – 'Tijd voor Sport, bewegen, meedoen, presteren' (Dutch), Ministry of Health, Welfare and Sport, 2005: http://www.minvws.nl/images/tijd-voor-sport_tcm10-69764.pdf

32PD1N.4 NL, Towards an 'active' policy, Ministry of Health, Welfare and Sport, 2003
http://www.minvws.nl/images/Towards_an_active_policy_tcm11-45329.pdf

32PD1N.5 NL, The National Plan of Action for Children, Ministry of Health, Welfare and Sport, 2004:
http://www.youthpolicy.nl/Youthpolicy/docs/pdf/304866_binnen_gb_p01_p56.pdf

32PD1N.6 NL, Preventive Health Policy in the Netherlands, Ministry of Health, Welfare and Sport, 1997: http://www.minvws.nl/images/d6eng_tcm11-45296.pdf

32PD1N.7 NL, Living longer in good Health – Also a question of healthy lifestyle – Netherlands Health-Care Prevention Policy, Ministry of Health, Welfare and Sport, 2004:

http://www.minvws.nl/images/Living%20longer%20in%20good%20health_tcm11-53021.pdf

Prevention is better than cure. That certainly applies to health. The cabinet estimates that at least 20 percent of all disabling illnesses are attributable to unhealthy lifestyles. The National Institute for Public Health and the Environment has also calculated that between 5 and 9 percent of total expenses for health care are the result of unhealthy lifestyles, obesity and high blood pressure. For these reasons, the government – national and local authorities – have invested in prevention for years.

1.2. National policy documents on physical activity and transport

- No document identified in one of the considered languages.

1.3.

Local policy documents on physical activity and health

- No document identified in one of the considered languages.

1.4. Local policy documents on physical activity and transport

- No document identified in one of the considered languages.

2. Recommendations and guidelines

2.1. National recommendations and guidelines on physical activity and health

32PR1N.1 NL, Sport for all incentives in the Netherlands – Policy letter to local authorities, Ministry of Health, Welfare and Sport, 2000:
http://www.minvws.nl/images/sportforall_tcm11-21864.pdf

2.2. National recommendations and guidelines on physical activity and transport

- No document identified in one of the considered languages.

2.3. Local recommendations and guidelines on physical activity and health

- No document identified in one of the considered languages.

2.4. Local recommendations and guidelines on physical activity and transport

- No document identified in one of the considered languages.

3. Legislation

3.1. National legislation documents on physical activity and health

32PL1N.1 NL, physical activity & obesity – Covenant on Overweight and Obesity – A balance between eating and physical activity, Ministry of Health, Welfare and Sport & Ministry of Education, Culture and Science, 2005: http://www.minvws.nl/images/covenant-english_tcm11-79036.pdf

3.2. National legislation documents on physical activity and transport

- No document identified in one of the considered languages.

3.3. Local legislation documents on physical activity and health

- No document identified in one of the considered languages.

3.4. Local legislation documents on physical activity and transport

- No document identified in one of the considered languages.

Knowledge & information

1. Knowledge and information documents on physical activity and health

1.1. National documents on physical activity and health

32K1N.1 NL, The physical environment in relation to physical activity and nutrition - Research within the scope of obesity research – report (Dutch), Ministry of Health, Welfare and Sport /RIVM, 2005,

<http://www.rivm.nl/bibliotheek/rapporten/260301007.pdf>

32K1N.2 NL, Obesity report/ Overgewicht en Obesitas, (Dutch), Gezondheidsraad/ Health Council of the Netherlands, 2003: <http://www.gr.nl/pdf.php?ID=706>

32K1N.3 NL, CBA analysis physical activity & Obesity - Kosteneffektiviteit en gezondheidswinst van behalen beleidsdoelen bewegen en overgewicht (Dutch), National Institute for Public Health and the Environment (RIVM), 2005:

<http://www.rivm.nl/bibliotheek/rapporten/260701001.pdf>

32K1N.4 NL, Health Care, Health Policies and Health Reforms in the Netherlands, MoH, 2001: http://www.minvws.nl/images/Healthcare07_tcm11-45335.pdf

1.2. Local documents on physical activity and health

- No document identified in one of the considered languages.

2. Knowledge and information documents on physical activity and transport

2.1. National documents on physical activity and transport

- No document identified in one of the considered languages.

2.2. Local documents on physical activity and transport

- No document identified in one of the considered languages.

Activities and programs

1. Activities and programs on physical activity and health

1.1. National activities and programs on physical activity and health

32A1N.1 NL, Material (Dutch) to the national campaign 'Nederland in Beweging' of the National Sport Federation (online Doc):

<http://www.sport.nl/nib/materialen/folders/index.html>

32A1N.2 NL, Healthy School - List of links by topic, 2005: <http://ws5.e-vision.nl/gezondeschool/upload/Overzicht%20websites%202005-20061.pdf>

32A1N.3 NL, Toolkit on obesity (dutch) :

<http://www.gezondeschool.nl/index.cfm?act=tekst.pagina&id=62&level=2&parent=55>

1.2. Local activities and programs on physical activity and health

- No document identified in one of the considered languages.

2. Activities and programs on physical activity and transport

- No document identified in one of the considered languages.

5.33 Norway

HEPA-Network

No national HEPA-Network found.

Policy outcomes

1. Policy documents

1.1. National policy documents on physical activity and health

33PD1N.1 NO, The Action Plan for Physical Activity 2005-2009 – Working together for Physical Activity, 2005: http://www.shdir.no/vp/multimedia/archive/00004/IS-0162_E_Kort_4546a.pdf Please “cut and paste” the link.

33PD1N.2 NO, Sammen for fysisk aktivitet - Norwegian Action Plan for Physical Activity 2005 - 2009 (Norwegian), 2005: http://odin.dep.no/filarkiv/231922/FA-handlingsplan_2005-2009.pdf

33PD1N.3 NO, “Prescription for a healthier Norway- a broad policy for Public Health”; Short version; The Parliament White Paper No.16, Ministry of Social affairs, 2003: <http://www.dep.no/filarkiv/184595/folkehelse-eng.pdf>

33PD1N.4 NO, National Report on Youth Policy in Norway, Ministry of Children and Family Affairs, 2004: <http://odin.dep.no/filarkiv/197907/NationalYouthReports.pdf>

1.2. National policy documents on physical activity and transport

- No document identified in one of the considered languages.

1.3. Local policy documents on physical activity and health

- No document identified in one of the considered languages.

1.4. Local policy documents on physical activity and transport

- No document identified in one of the considered languages.

2. Recommendations and guidelines

- No document identified in one of the considered languages.

3. Legislation

- No document identified in one of the considered languages.

Knowledge & information

1. Knowledge and information documents on physical activity and health

- No document identified in one of the considered languages.

2. Knowledge and information documents on physical activity and transport

- No document identified in one of the considered languages.

Activities and programs

1. Activities and programs on physical activity and health

- No document identified in one of the considered languages.

2. Activities and programs on physical activity and transport

- No document identified in one of the considered languages.

5.34 Poland

No national HEPA-Network and no documents in one of the considered languages found.

5.35 Portugal

HEPA-Network

No national HEPA-Network found.

Policy outcomes

1. Policy Documents

1.1. National policy documents on physical activity and health

35PD1N.1 PT, National Health Plan 2004-2010 Volume I – Priorities, Directorate-General of Health, Ministry of Health, 2004:

<http://www.dgsaude.pt/upload/membro.id/ficheiros/i006666.pdf>

35PD1N.2 PT, National Program against Obesity/Programa Nacional de Combate à Obesidade (Portuguese), General directory for Health, 2004:

<http://www.dgsaude.pt/upload/membro.id/ficheiros/i006908.pdf>

1.2. National policy documents on physical activity and transport

- No document identified in one of the considered languages.

1.3. Local policy documents on physical activity and health

- No document identified in one of the considered languages.

1.4. Local policy documents on physical activity and transport

- No document identified in one of the considered languages.

2. Recommendations and guidelines

2.1. National recommendations and guidelines on physical activity and health

35PR1N.1 PT, Contributions to the NATIONAL HEALTH PLAN – Strategic guidelines, Ministry of Health, 2003 <http://www.dgs.pt/upload/membro.id/ficheiros/i005877.pdf>

2.2. National recommendations and guidelines on physical activity and transport

- No document identified in one of the considered languages.

2.3. Local recommendations and guidelines on physical activity and health

- No document identified in one of the considered languages.

2.4. Local recommendations and guidelines on physical activity and transport

- No document identified in one of the considered languages.

3. Legislation

- No document identified in one of the considered languages.

Knowledge & information

1. Knowledge and information documents on physical activity and health

- No document identified in one of the considered languages.

2. Knowledge and information documents on physical activity and transport

- No document identified in one of the considered languages.

Activities and programs

1. Activities and programs on physical activity and health

1.1. National documents on physical activity and health

- No document identified in one of the considered languages.

1.2. Local documents on physical activity and health

35A1L.1 PT, Por uma cidade activa, saudavel e solidaria, Grupo de Trabalho sobre o Desporto em Lisboa (Portuguese), 2005: <http://inet.sitepac.pt/ForumAnexo4Desporto.pdf>

2. Activities and programs on physical activity and transport

- No document identified in one of the considered languages.

5.36 Republic of Moldova

No national HEPA-Network and no documents in one of the considered languages found.

5.37 Romania

No national HEPA-Network and no documents in one of the considered languages found.

5.38 Russian Federation

No national HEPA-Network and no documents in one of the considered languages found.

5.39 San Marino

No national HEPA-Network and no documents in one of the considered languages found.

5.40 Serbia and Montenegro

No national HEPA-Network and no documents in one of the considered languages found.

5.41 Slovakia

No national HEPA-Network and no documents in one of the considered languages found.

5.42 Slovenia

No national HEPA-Network and no documents in one of the considered languages found.

5.43 Spain

HEPA-Network

No national HEPA-Network found.

Policy outcomes

1. Policy documents

1.1. National policy documents on physical activity and health

43PD1N.1 ES, NAOS - Strategy for Nutrition, Physical Activity and Prevention of Obesity (Spanish), MoH, 2005: online download under:

<http://www.aesa.msc.es/aesa/web/AesaPageServer?idpage=9&idcontent=5672>

43PD1N.2 ES, NAOS - Strategy for Nutrition, Physical Activity and Prevention of Obesity, MoH, 2005: no direct link; download under: <http://www.aesa.msc.es> then click “Wellcome” on the right column for the English version, then click “publication and studies” and search in the list for NAOS.

1.2. National policy documents on physical activity and transport

- No document identified in one of the considered languages.

1.3. Local policy documents on physical activity and health

- No document identified in one of the considered languages.

1.4. Local policy documents on physical activity and transport

- No document identified in one of the considered languages.

2. Recommendations and guidelines

- No document identified in one of the considered languages.

3. Legislation

- No document identified in one of the considered languages.

Knowledge & information

1. Knowledge and information documents on physical activity and health

- No document identified in one of the considered languages.

2. Knowledge and information documents on physical activity and transport

- No document identified in one of the considered languages.

Activities and programs

1. *Activities and programs on physical activity and health*

1.1. National activities and programs on physical activity and health

43A1N.1 ES, Children's and Adolescent's Nutrition (Spanish), MoH, 2005. Online resource, Link to: <http://www.aesa.msc.es>. Under "publications and studies "La alimentation de tus ninos".

1.2. Local activities and programs on physical activity and health

- No document identified in one of the considered languages.

2. *Activities and programs on physical activity and transport*

- No document identified in one of the considered languages.

5.44 Sweden

HEPA-Network

No national HEPA-Network found.

Policy outcomes

1. *Policy documents*

1.1. National policy documents on physical activity and health

44PD1N.1 SE, Healthy Dietary habits and increased Physical Activity – summary - the basis for an action plan, National Institute of Public Health, 2005:

<http://www.fhi.se/upload/ar2005/rapporter/healthydietaryhabitsphysicalactivitysummary0502.pdf>

44PD1N.2 SE, Sweden's New Public-Health Policy - The National Institute of Public Health, 2004: http://www.fhi.se/upload/PDF/2004/English/roll_eng.pdf

44PD1N.3 SE, Sweden's New Public-Health Policy - National Public Health objectives for Sweden, National Institute of Public Health, 2003:

<http://www.fhi.se/upload/PDF/2004/English/newpublic0401.pdf>

1.2. National policy documents on physical activity and transport

- No document identified in one of the considered languages.

1.3. Local policy documents on physical activity and health

- No document identified in one of the considered languages.

1.4. Local policy documents on physical activity and transport

- No document identified in one of the considered languages.

2. Recommendations and guidelines

- No document identified in one of the considered languages.

3. Legislation

- No document identified in one of the considered languages.

Knowledge & information

1. Knowledge and information documents on physical activity and health

1.1. National documents on physical activity and health

- 44K1N.1** SE, Healthy Dietary habits and increased Physical Activity – background material - the basis for an action plan, National Food Administration/National Institute of Public Health, 2005: <http://www.fhi.se/upload/2702/TheSwedishActionplan.pdf>
- 44K1N.2** SE, Handlingsplan för goda matvanor och ökad fysisk aktivitet i befolkningen - report, National Institute of Public Health (Swedish), 2005: <http://www.fhi.se/upload/ar2005/rapporter/handlingsplanmatfys0502.pdf>
- 44K1N.3** SE, Fysisk aktivitet, matvanor, övervikt och självkänsla bland ungdomar – report, National Institute of Public Health (Swedish), 2004: <http://www.fhi.se/upload/PDF/2004/rapporter/compass.pdf>
- 44K1N.4** SE, Assessment of physical activity & energy expenditure in Adolescents – Thesis, Karolinska Institute, 2002: <http://diss.kib.ki.se/2002/91-7349-186-1/thesis.pdf>
- 44K1N.5** SE, FYSS – Fysisk aktivitet i sjukomsprevention och sjukomsbehandling, Yrkesfoereningar foer Fysisk Aktivitet / National Institute of Public Health (Swedish), 2003: <http://www.fhi.se/upload/PDF/2004/rapporter/fyssen.pdf>
- 44K1N.6** SE, The 2005 Public Health Report - Summary, National Institute of Health, 2005: <http://www.fhi.se/upload/ar2005/rapporter/r200544fhprsummary0511.pdf>
- 44K1N.7** SE, A Healthier Elderly Population, National Institute of Health, 2004: [http://www.fhi.se/upload/PDF/2004/English/healthierelderly0403\(1\).pdf](http://www.fhi.se/upload/PDF/2004/English/healthierelderly0403(1).pdf)
- 44K1N.8** SE, Indicators for Monitoring, National Institute for Health, 2005: http://www.fhi.se/upload/ar2005/seminarium/indicators_bl0501.pdf

1.2. Local documents on physical activity and health

- No document identified in one of the considered languages.

2. Knowledge and information documents on physical activity and transport

2.1. National documents on physical activity and transport

- 44K2N.1** SE, Evaluation of the effects of bicycle lanes on cyclist safety and the ability of bicycles to compete with car traffic, Lund Institute of Technology, 2003: http://www.stockholm.se/files/92200-92299/file_92238.pdf

2.2. Local documents on physical activity and transport

- No document identified in one of the considered languages.

Activities and programs

1. Activities and programs on physical activity and health

- No document identified in one of the considered languages.

2. Activities and programs on physical activity and transport

- No document identified in one of the considered languages.

5.45 Switzerland

HEPA-NETWORK

Netzwerk Gesundheit und Bewegung Schweiz

<http://www.hepa.ch/english/index.php>

Objectives:

Mehr bewegungsaktive Menschen. Der Anteil der bewegungsaktiven Bevölkerung wird kontinuierlich erhöht. Das Netzwerk Gesundheit und Bewegung Schweiz setzt sich für gesundheitswirksame Bewegung ein.

Contact:

Netzwerk Gesundheit und Bewegung Schweiz

Geschäftsstelle

Bundesamt für Sport BASPO

2532 Magglingen

Telefon 032 327 61 23

Fax 032 327 61 99

E-Mail info@hepa.ch

Policy outcomes

1. Policy documents

1.1. National policy documents on physical activity and health

45PD1N.1 CH, Concept of the Federal Council for a sports policy in Switzerland (German), Swiss Federal Council /Bundesrat, 2000:

http://www.baspo.admin.ch/internet/baspo/de/home/politik00/politik00a.Par.0003.DownloadFile.tmp/konzept_d.pdf

45PD1N.2 CH, Concept for National Sports Policy, HEPA / Swiss Federal Office of Sports, 2000 (?): http://www.hepa.ch/gf/gf_baspo/spoko_e.pdf

45PD1N.3 CH, Sportpolitique - Concept of the Federal Council for a sports policy in Switzerland – implementation measures (French), Swiss Federal Office of Sports, 2002: http://www.baspo.admin.ch/internet/baspo/fr/home/politik00/politik00a.Par.0003.DownloadFile.tmp/konzept_f.pdf

45PD1N.4 CH, Aktionsplan Umwelt und Gesundheit APUG, (German), Bundesamt für Gesundheit BAG, 2001: http://www.apug.ch/files/APUG_Bericht_d.pdf

1.2. National policy documents on physical activity and transport

45PD2N.1 CH, Projet plan directeur de la locomotion douce (French), Office fédéral des routes (OFROU) & Département fédéral de l'environnement, des transports, de l'énergie et de la communication (DETEC), 2002:

http://www.astra.admin.ch/media/llv/leitbild_prn_f_f.pdf

Le plan directeur contient sous une forme concentrée la vision, la stratégie de base et les principes directeurs visant à encourager à long terme la locomotion douce en Suisse. Ces fondements sont expliqués et concrétisés dans la seconde partie, constituée par le catalogue de mesures.

45PD2N.2 CH, Mission statement on human powered mobility, velocity final figures, Federal Department of the Environment, Transport, Energy and Communications (DETEC), 2002: http://www.astra.admin.ch/media/llv/030712velocity_final_figures.pdf

1.3. Local policy documents on physical activity and health

- No document identified in one of the considered languages.

1.4. Local policy documents on physical activity and transport

- No document identified in one of the considered languages.

2. Recommendations and guidelines

2.1. National recommendations and guidelines on physical activity and health

- No document identified in one of the considered languages.

2.2. National recommendations and guidelines on physical activity and transport

45PR2N.1 CH, Groupe d'experts «Financement du trafic d'agglomération» Recommendations du 1er mai 2001, Bundesamt für Raumentwicklung/ Federal Office for spatial Development (French), 2001:

<http://www.are.admin.ch/imperia/md/content/are/gesamtverkehr/verkehrspolitik/aggloverkehr/75.pdf?PHPSESSID=daac7b67d1f0ad2bbc3041d49e379e2a>

2.3. Local recommendations and guidelines on physical activity and health

- No document identified in one of the considered languages.

2.4. Local recommendations and guidelines on physical activity and transport

- No document identified in one of the considered languages.

3. Legislation

3.1. National legislation documents on physical activity and health

- No document identified in one of the considered languages.

3.2. National legislation documents on physical activity and transport

- No document identified in one of the considered languages.

3.3. Local legislation documents on physical activity and health

- No document identified in one of the considered languages.

3.4. Local legislation documents on physical activity and transport

45PL2L.1 CH, Loi d'application de la loi fédérale sur les chemins pour piétons et les chemins de randonnée pédestre (French), Grand Conseil Genevois, 1998: http://www.ville-ge.ch/geneve/plan-pietons/media/rubriques/legal/l1_60/l1_60.pdf

Knowledge & information

1. Knowledge and information documents on physical activity and health

1.1. National documents on physical activity and health

45K1N.1 CH, Sportpolitik – 'Konzept des Bundesrates für eine Sportpolitik in der Schweiz' Umsetzungsmaßnahmen Zwischenbilanz (German), Swiss Federal Office of Sports, 2004:

http://www.baspo.admin.ch/internet/baspo/de/home/publi00/publi00b.Par.0002.DownloadFile.tmp/Sportpolitik_d.pdf

45K1N.2 CH, Health Enhancing Physical Activity (HEPA): Recommendations of the Swiss Federal Office of Sports, the Swiss Federal Office of Public Health and the HEPA Network Switzerland, (?):

http://www.hepa.ch/gf/gf_baspo/HEPA_recommendations_e.pdf

45K1N.3 CH, 'Suisse Balance' Interventionen für ein gesundes Körpergewicht im Kindes- und Jugendalter (German), Swiss Federal Office of Public Health, 200 (?):

http://www.suissebalance.ch/pdf/Interventionen_kind_de.pdf

45K1N.4 CH, 'Suisse Balance' - State-of-the-Art: Interventionen bei Erwachsenen (German), Swiss Federal Office of Public Health, 200 (?):

http://www.suissebalance.ch/pdf/Interventionen_erw_de.pdf

45K1N.5 CH, 'Suisse Balance' Wirksamkeit von Interventionen bei Adipositas (BMI>30kg/m²) (German), Swiss Federal Office of Public Health, 200 (?):

http://www.suissebalance.ch/pdf/Interventionen_adip_de.pdf

45K1N.6 CH, Terminologie-Dossier zur Gesundheitsförderung unter besonderer Berücksichtigung des Themas "Bewegung" und des Settings "Schule", (German), University of Bern, 2001:

http://www.hepa.ch/Publikationen/GF_terminologie_d.pdf

1.2. Local documents on physical activity and health

- No document identified in one of the considered languages.

2. Knowledge and information documents on physical activity and transport

2.1. National documents on physical activity and transport

45K2N.1 CH, CBA Effizienz von öffentlichen Investitionen in den Langsamverkehr/ Efficience des investissements publics dans la locomotion douce – Final report (German), Infras, Forschung und Beratung/ Office fédéral des routes (OFROU), 2003:

http://www.astra.admin.ch/media/llv/studie_effizienz_03_03.pdf

- 45K2N.2** CH, Modérer le trafic à l'intérieur des localités – Brochure (French), Office fédéral des routes (OFROU), no year:
http://www.astra.admin.ch/media/verkehrsberuhigung/030917_broschuere_f.pdf
- 45K2N.3** CH, Forschungskonzept „Nachhaltiger Verkehr“ (Bereich/Thema 11) 2004 – 2007 (German), Bundesamt für Strassen (ASTRA), Eidg. Departement für Umwelt, Verkehr, Energie und Kommunikation (UVEK), 2003:
<http://www.bav.admin.ch/download/businessinfo/247.pdf>
- 45K2N.4** CH, Mikrozensus zum Verkehrsverhalten 2005 – Projektskizze, Bundesamt fuer Raumentwicklung/ Federal Office for spatial Development (German), 2003:
<http://www.are.admin.ch/imperia/md/content/are/gesamtverkehr/personenverkehr/projektskizze.pdf>
- 45K2N.5** CH, Mikrozensus zum Verkehrsverhalten – Ergebnisse 2000, Bundesamt für Raumentwicklung/ Federal Office for spatial Development (German), 2001:
<http://www.are.admin.ch/imperia/md/content/are/gesamtverkehr/verkehrsforschung2/5.pdf>
- 45K2N.6** CH, Mikrozensus zum Verkehrsverhalten – Ergebnisse 2000, Bundesamt für Raumentwicklung/ Federal Office for spatial Development (French), 2002:
<http://www.are.admin.ch/imperia/md/content/are/are2/publikationen/franzsisch/35.pdf>
- 45K2N.7** CH, Mikrozensus zum Verkehrsverhalten – abridged version, Bundesamt für Raumentwicklung/ Federal Office for spatial Development, 2002 (?):
<http://www.are.admin.ch/imperia/md/content/are/gesamtverkehr/personenverkehr/4.pdf>
- 45K2N.8** CH, Cycling in Switzerland – Presentation, Veloland, 2005:
http://www.velodata.ch/public/Veloland/4_Cycling_In_Switzerland/4_BeamerPresentation/%20Folien_VL_e_2005.pdf
- 45K2N.9** CH, Auf dem Weg zu einer Charta Vision Zero – Verkehr ohne Gefahr, Entwurf für eine Grundlage der Verkehrssicherheitspolitik der Schweiz im 21. Jahrhundert, (German), Fussverkehr Schweiz, 2004:
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- 45K2N.10** CH, Institutionelle Hindernisse im Fuss- und Veloverkehr, Maßnahmen für eine neue Verkehrspolitik; Auszug aus dem Schlussbericht A9 (German), Fussverkehr Schweiz, 1999: <http://www.fussverkehr.ch/projekte/hindernisse.pdf>

2.2. Local documents on physical activity and transport

- 45K2L.1** CH, Mikrozensus zum Verkehrsverhalten 2005 – Kurzinformation für regional Partner, Bundesamt für Raumentwicklung/Federal Office for spatial Development, 2003:
<http://www.are.admin.ch/imperia/md/content/are/gesamtverkehr/personenverkehr/kurzinformation.pdf?PHPSESSID=787842f623a73c35dc88ee2ab08a3eda>

Activities and programs

1. **Activities and programs on physical activity and health**

1.1. National activities and programs on physical activity and health

- 45A1N.1** CH, 'Suisse Balance' Programme Evaluation – Executive Summary, Swiss Federal Office of Public Health (Swiss Evaluation Society), 2005:
<http://www.bag.admin.ch/cce/studien/ernaehrung/e/SB05/execsumSB05.pdf>

45A1N.2 CH, 'Suisse Balance' Programme Evaluation – Final Report (French), Swiss Federal Office of Public Health (Swiss Evaluation Society), 2005:

<http://www.bag.admin.ch/cce/studien/ernaehrung/f/SB05/berichtSB05.pdf>

45A1N.3 CH, Health and nutrition / Gesundheit und Ernährung – ein nationales Projekt, Synthesepapier (German), SuisseBalance / Bundesamt für Gesundheit, 2002:

http://www.suissebalance.ch/pdf/2005/de/Synthesepapier_de.pdf

45A1N.4 CH, LaOla – Sports clubs prevention / Prévention dans les clubs sportifs – Final report (French), Swiss Federal Office of Public Health, 2003:

<http://www.bag.admin.ch/cce/studien/sucht/f/laola03/berichtlaola03.pdf>

1.2. Local activities and programs on physical activity and health

45A1L.1 CH, Local Sports Network / Das lokale Bewegungs- und Sportnetz (German), Swiss Federal Office of Sports, 2004:

http://www.hepa.ch/Publikationen/LBS_ausgabe%20Oktober%202004.pdf

2. **Activities and programs on physical activity and transport**

2.1. National activities and programs on physical activity and transport

45A2N.1 CH, Fit in 10 Wochen – ich trainiere für den 'Swiss Walking Event', Swiss Federal Office of Public Health, (?):

http://www.gesundheitsfoerderung.ch/common/files/activities/campaign/fitin10wochen_d.pdf

45A2N.2 CH, Sicher zu Fuss – Innovationspreis Fussverkehr 2004 (German), Fussverkehr Schweiz, 2004: <http://www.fussverkehr.ch/projekte/fusspreis2004.pdf>

2.2. Local activities and programs on physical activity and transport

- No document identified in one of the considered languages.

5.46 Tajikistan

No national HEPA-Network and no documents in one of the considered languages found.

5.47 The former Yugoslav Republic of Macedonia

HEPA-NETWORK

<http://www.cindi.makedonija.com/>

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Policy outcomes

1. Policy Documents

- No document identified in one of the considered languages.

2. Recommendations and guidelines

- No document identified in one of the considered languages.

3. Legislation

- No document identified in one of the considered languages.

Knowledge & information

1. Knowledge and information documents on physical activity and health

- No document identified in one of the considered languages.

2. Knowledge and information documents on physical activity and transport

- No document identified in one of the considered languages.

Activities and programs

1. Activities and programs on physical activity and health

- No document identified in one of the considered languages.

2. Activities and programs on physical activity and transport

- No document identified in one of the considered languages.

5.48 Turkey

No national HEPA-Network and no documents in one of the considered languages found.

5.49 Turkmenistan

HEPA-Network

No national HEPA-Network found.

Policy outcomes

1. Policy Documents

- No document identified in one of the considered languages.

2. Recommendations and guidelines

- No document identified in one of the considered languages.

3. Legislation

- No document identified in one of the considered languages.

Knowledge & information

1. Knowledge and information documents on physical activity and health

- No document identified in one of the considered languages.

2. Knowledge and information documents on physical activity and transport

- No document identified in one of the considered languages.

Activities and programs

1. Activities and programs on physical activity and health

- No document identified in one of the considered languages.

2. Activities and programs on physical activity and transport

- No document identified in one of the considered languages.

5.50 Ukraine

No national HEPA-Network and no documents in one of the considered languages found.

5.51 United Kingdom

Policy outcomes

1. Policy documents

1.1. National policy documents on physical activity and health

51PD1N.1 UK, Delivering Choosing Activity – Making healthier Choices easier, Department of Health, 2005: <http://www.dh.gov.uk/assetRoot/04/10/57/13/04105713.pdf>

51PD1N.2 UK, Choosing Activity – a Physical Activity Action Plan – Working in partnership with people, their communities, local government, voluntary agencies and business, Department of Health, 2005:

<http://www.dh.gov.uk/assetRoot/04/10/57/10/04105710.pdf>

51PD1N.3 UK, The Framework for sport in England - Making England an active & successful sporting nation - a vision for 2020, SportEngland, 2004:

<http://www.isrm.co.uk/reference/documents/Framework-for-sport.pdf>

- 51PD1N.4** UK, Game Plan, Strategy for delivering the Government's sport and physical activity objectives - strategy unit report – Part 1/3, Department for Culture, Media and Sport, 2002: http://www.isrm.co.uk/reference/documents/gameplanpart1_000.pdf
- 51PD1N.5** UK, Game Plan, Strategy for delivering the Government's sport and physical activity objectives - strategy unit report – Part 2/3, Department for Culture, Media and Sport, 2002: <http://www.isrm.co.uk/reference/documents/gameplanpart2.pdf>
- 51PD1N.6** UK, Game Plan, Strategy for delivering the Government's sport and physical activity objectives - strategy unit report – Part 3/3, Department for Culture, Media and Sport, 2002: http://www.isrm.co.uk/reference/documents/gameplanpart3_000.pdf
- 51PD1N.7** UK, Choosing a better diet – a food and health action plan – Working in partnership across government with people, their communities, local government, voluntary agencies and business, Department of Health, 2005: <http://www.dh.gov.uk/assetRoot/04/10/57/09/04105709.pdf>

1.2. National policy documents on physical activity and transport

- 51PD2N.1** UK, Walking and Cycling – an action plan, Department for Transport, 2004: http://www.dft.gov.uk/stellent/groups/dft_susttravel/documents/downloadable/dft_susttravel_029204.pdf
- 51PD2N.2** UK, Tomorrow's roads: safer for everyone – the Government's road safety strategy and casualty reduction targets for 2010, Department for Transport, 2000: http://www.dft.gov.uk/stellent/groups/dft_rdsafety/documents/pdf/dft_rdsafety_pdf_504644.pdf

The aim of the Government's road safety strategy is to achieve by 2010, compared with the average for 1994-98:

A reduction in the numbers of people overall killed or seriously injured in road accidents by 40% ; by 50% for children; and, to reduce slight injuries by 10%.

The main objectives include:

- Improving child road safety and equipping children with the skills to enable them to travel safely and to become responsible road users.
- Reducing the number of accidents involving driver impairment - reducing drink driving, tackling driving under the influence of drugs and making drivers aware of how tiredness contributes to road accidents.
- Developing and maintaining speed management policies.
- Improving conditions for vulnerable road users - working with voluntary bodies to improve training for cyclists and horse riders, promoting the use of protective clothing, and educating drivers about vulnerable road users.
- Improving the safety of motorcycling.
- Developing effective road safety campaigns and programmes.
- Making it easier for people to walk or cycle short journeys as part of the wider Government objective to improve health and fitness. Local authorities must set out in their transport plans how, they intend to encourage people to walk and cycle rather than drive, and what safety measures are proposed to support them.

1.3. Local policy documents on physical activity and health

- 51PD1L.1** UK_Local, The London Plan for Sport and Physical Activity Action Plan – Working for an active and successful sporting capital 2004-2008, SportEngland London, 2004: http://www.sportengland.org/london_action_plan.tion_plan_bro3.pdf
- 51PD1L.2** UK_Local, Improving Health through Physical Activity Strategy 2005-2007, Tameside & NHS, 2005: <http://www.tameside.gov.uk/tmbc8/strategy0507.pdf>
- 51PD1L.3** UK_Local, Redcar and Cleveland Physical Activity Strategy and Action Plan 2005-2010_NHS: <http://www.langbaurghpct.nhs.uk/documents/Physical%20Activity%20Strategy%2061.pdf>
- 51PD1L.4** UK_Local, A framework of action for promoting healthy eating and physical activity and supporting healthy weight in Morecambe Bay 2005-2008: <http://www.aso.org.uk/mlw/files/Fit for Life Morecambe Bay PCT.pdf>

- 51PD1L.5** UK_Local, City on the move! A Physical Activity Strategy for Sheffield, (?):
<http://www.sheffield.nhs.uk/nhssheffield/resources/cityonthemove.pdf>
- 51PD1L.6** UK_Local, Hackney Sport & Physical Activity Strategy 2004 - 2009, Hackney council, 2005:
http://filer.weblogger.com/clissoldleisureManilaWebsite/infodocs/Sports_Strategy_April_26.pdf
- 51PD1L.7** UK_Local, A strategy for tackling obesity in Swindon, NHS, 2004:
http://www.aso.org.uk/mlw/files/obesity_strategy-Swindon_and_Marlborough.pdf
- 51PD1L.8** UK_Scotland, Let's Make Scotland More Active: A strategy for physical activity, 2003: <http://www.scotland.gov.uk/library5/culture/lmsa.pdf>
- 51PD1L.9** UK_Scotland, Healthy Living – Improving Health in Scotland – The challenge, Scottish Executive, 2003:
<http://www.scotland.gov.uk/Resource/Doc/47034/0013854.pdf>
Improving Health in Scotland – The Challenge provides a framework to support an active programme to deliver the policy for health improvement set out in Partnership for Care, Scotland's Health Whit
- 51PD1L.10** UK_Northern Ireland, Physical Activity – an investment in Public Health: the northern Ireland Physical Activity Strategy Action Plan 1998-2002 – an implementation plan for 'Be Active-be healthy', the Northern Ireland physical activity Strategy 1996-2002, Health Promotion Agency (HPA), 1998:
<http://www.healthpromotionagency.org.uk/Resources/physicalactivity/pdfs/pactionplan.pdf>
This Action Plan is the result of two years consultation following the publication in March 1996 of the [Northern Ireland physical activity strategy](#). It provides a framework for the development of public policy and the implementation of activity programmes. This document contains a summary of 'Be active - be healthy. The Northern Ireland physical activity strategy 1996-2002'.
- 51PD1L.11** UK_Northern Ireland, Eating and Health, a food and nutrition strategy for Northern Ireland, Health Promotion Agency (HPA), 1996:
<http://www.healthpromotionagency.org.uk/Resources/nutrition/pdfs/Nutritionstrategy.pdf>
This strategy builds upon the broad nutritional targets identified in the Regional Strategy for the Northern Ireland Health and Personal Social Services (1992-1997), by explaining why the food we eat is important and shows the potential for coordinated action to bring about desired changes. Within the strategy six key players are identified: food producers and processors; food retailers; caterers; nutrition educators, including health professionals; representatives of the education sector; and voluntary and community groups.

1.4. Local policy documents on physical activity and transport

- 51PD2L.1** UK_Local, The Essex Walking Strategy Essex county council, Transportation and Operational Services, 2001:
http://www.essexcc.gov.uk/vip8/ecc/ECCWebsite/content/binaries/documents/walking_policy.pdf
The Essex Walking Strategy outlines in detail the steps being taken to encourage walking in Essex and identifies the direction that will be taken in the future.
- 51PD2L.2** UK_Local, West Yorkshire Walking Strategy, West Yorkshire Local Transport Plan, 2000: http://www.wyltp.com/NR/rdonlyres/890C01A9-7693-4720-AAA8-08F2C0010A3C/0/app_8_walk.pdf
- 51PD2L.3** UK_Local, West Yorkshire Provisional Local Transport Plan 2006/07 to 2010/11 summary, West Yorkshire Local Transport Plan, July 2005:
http://www.wyltp.com/NR/rdonlyres/B6EC8734-DB52-4D82-B7A3-77A728943898/0/SummaryDocument_Final.pdf
- 51PD2L.4** UK_Local, Making London a walkable city, Transport for London, 2004:
<http://www.tfl.gov.uk/streets/downloads/pdf/walking-plan-2004.pdf>

- 51PD2L.5** UK_Local, Essex Local Transport Plan The Essex Approach to Transport second edition, 2000:
http://www.essexcc.gov.uk/vip8/ecc/ECCWebsite/content/binaries/documents/lt_p_chapters.pdf
- 51PD2L.6** UK_Local, Essex Local Transport Plan The Essex Approach to Transport second edition - Appendices, 2000:
http://www.essexcc.gov.uk/vip8/ecc/ECCWebsite/content/binaries/documents/lt_p_appendices.pdf
- 51PD2L.7** UK_Scotland, Transport Scotland – Framework Document, Scottish Executive, 2005: <http://www.scotland.gov.uk/Resource/Doc/47121/0020855.pdf>
The Framework Document sets out the parameters within which Transport Scotland operates, and how it will work to deliver the national transport agenda.
- 51PD2L.8** UK_Wales, Developing a physical Activity Action Plan, Welsh Assembly Government, 2005: <http://www.cmo.wales.gov.uk/content/work/physical-activity/physical-activity-action-plan-e.pdf>
- 51PD2L.9** UK_Northern Ireland, Northern Ireland cycling strategy, Department for Regional Development Roads Service (DRD), 2000:
<http://www.roadsni.gov.uk/Publications/Cycling/contents.pdf>
This document responds to the growing interest in cycling as a flexible, inexpensive, healthy and environmentally friendly alternative to the car and identifies a range of measures that will seek to improve conditions for cyclists and establish a pro-cycling culture in Northern Ireland. It represents a commitment to cycling by Government, local councils and statutory and voluntary sector organisations.
- 51PD2L.10** UK_Northern Ireland, Walking Action Plan (Northern Ireland), Department for Regional Development Roads Service (DRD), 2003 (?):
http://www.roadsni.gov.uk/Publications/specific/Walking_Action_Plan.pdf
Identifies a series of actions that will help guide the delivery of the Regional Transportation Strategy (RTS) walking measures.
- 51PD2L.11** UK_Northern Ireland, Northern Irelands road safety strategy 2002-2012, Department of Environment, 2002:
http://www.doeni.gov.uk/roadsafety/pdfs/roadsafetystrategy_051102.pdf
- 51PD2L.12** UK_Northern Ireland, Transportation Strategy in Northern Ireland, Department of Regional Development (DRD)_200 (?):
<http://www.roadsni.gov.uk/cycling/pdfs/transport.pdf>

2. Recommendations and guidelines

2.1. National recommendations and guidelines on physical activity and health

- No document identified in one of the considered languages.

2.2. National recommendations and guidelines on physical activity and transport

- 51PR2N.1** UK, The Future of Transport – a network for 2030 – White Paper, Department for Transport, 2004:
http://www.dft.gov.uk/stellent/groups/dft_about/documents/page/dft_about_031286.pdf
- 51PR2N.2** UK, Delivery of the National Cycling Strategy – review, Department for Transport, 2005:
http://www.dft.gov.uk/stellent/groups/dft_sustravel/documents/pdf/dft_sustravel_pdf_035900.pdf
- 51PR2N.3** UK, Cycle to Work scheme implementation guidance, Department for Transport, (?):
http://www.dft.gov.uk/stellent/groups/dft_sustravel/documents/pdf/dft_sustravel_pdf_038228.pdf

51PR2N.4 UK, Walking – The way ahead - Transport 2000 Trust - Good Practice Unit – Report from the national Seminar Series, supported by the Department for Transport, 2003:
http://www.dft.gov.uk/stellent/groups/dft_localtrans/documents/downloadable/dft_localtrans_022251.pdf

2.3. *Local recommendations and guidelines on physical activity and health*

51PR1L.1 UK_Wales, Exercise referral – a guide to developing high quality schemes, Welsh Government, 2006: <http://www.cmo.wales.gov.uk/content/work/physical-activity/exercise-referral-guide-e.pdf>

2.4. *Local recommendations and guidelines on physical activity and transport*

51PR2L.1 UK_Local, Draft Best Practice Guide To Walking, Essex County Council, 2002:
<http://www.essexcc.gov.uk/vip8/ecc/ECCWebsite/content/binaries/documents/walking.pdf>

51PR2L.2 UK_Local, Encouraging walking: advice to local authorities, Department for Environment, Transport and the Regions, 2000:
http://www.dft.gov.uk/stellent/groups/dft_sustravel/documents/page/dft_sustravel_504172.pdf

51PR2L.3 UK_Local, Active transport a guide to the development of local initiatives to promote walking and Cycling, Health Education Authority, 1999:
http://www.nationalcyclingstrategy.org.uk/assets/NCS_topics/activetransport.pdf

51PR2L.4 UK_Local, Improving walkability – Good practice guidance on improving pedestrian conditions as part of development opportunities, Transport for London, 2005:
<http://www.tfl.gov.uk/streets/downloads/pdf/improving-walkability2005.pdf>

51PR2L.5 UK_Local, Full guidance on Local Transport Plans: Second Edition, Department of Health, 2000, mod. 2005:
http://www.dft.gov.uk/stellent/groups/dft_localtrans/documents/pdf/dft_localtrans_pdf_504005.pdf

51PR2L.6 UK_Local, Health Impact Assessment of Regional Planning Guidance Transport Chapter, HIA, 2003 (?):

http://www.publichealth.nice.org.uk/media/hiadocs/RPG_HIA.pdf

HIA is a process whereby proposed policies, programmes and projects are examined to clarify their likely consequences for health and well being in order to assist decision makers to optimise their proposals. Transport policy has been widely recognised as having important effects on health. This HIA considers implementation of chapter 9 (transport) of the Draft Regional Planning Guidance incorporating the Secretary of States proposed changes (September 2003) but excludes consideration of air transport.

The draft RPG (September 2003) aims to improve access and journey reliability, decrease highway congestion, reduce car travel and increase walking and cycling. It seeks to do this by decreasing car use, improving and giving priority to public transport, managing demand and parking charges, restricting parking availability and by locating facilities closer to peoples homes and closer to public transport links.

The HIA was conducted by examining key documents, interviews and correspondence with key informants and searching the literature.

This HIA is concerned to consider how health inequalities may be reduced. It therefore considers how the benefits and disbenefits of the policy are distributed and pays particular attention to groups who might be disadvantaged.

51PR2L.7 UK_Local, Bike and Rail – A good practice book, Countryside Agency, 2004:
http://www.countryside.gov.uk/Images/bikerailguide_tcm2-20643.pdf

51PR2L.8 UK_Local, Making T.H.E. links: integrating Transport, Health and Environmental policies – a guide for local and health authorities, University of Westminster, 1999:
http://www.nationalcyclingstrategy.org.uk/assets/NCS_topics/making_the_links.pdf

3. Legislation

3.1. National legislation documents on physical activity and health

- No document identified in one of the considered languages.

3.2. National legislation documents on physical activity and transport

51PL2N.1 UK, Road Traffic Reduction Act, Act of the Parliament, 1997, readable online:
<http://www.opsi.gov.uk/acts/acts1997/1997054.htm>

3.3. Local legislation documents on physical activity and health

- No document identified in one of the considered languages.

3.4. Local legislation documents on physical activity and transport

- No document identified in one of the considered languages.

Knowledge & information

1. Knowledge and information documents on physical activity and health

1.1. National documents on physical activity and health

51K1N.1 UK, Choosing Health, Choosing Activity – a consultation on how to increase Physical Activity, Department of Health, 2004:

<http://www.dh.gov.uk/assetRoot/04/08/17/12/04081712.pdf>

51K1N.2 UK, Game Plan, Strategy for delivering the Government's sport and physical activity objectives – First Delivery Report, Department for Culture, Media and Sport, 2004:

<http://www.culture.gov.uk/NR/rdonlyres/3DB806FB-665A-4414-A8EE-541DA816DA3B/0/FirstGamePlanReport.pdf>

The strategy has two main objectives:

1. to increase participation in sport and physical activity, in order to promote health improvement and reduce the costs of health conditions related to lack of exercise. The target is for 70% (currently 30%) of the population to be reasonably active (eg 30 minutes of moderate exercise five times a week) by 2020.
 2. to improve successes in international competition, mainly because of the 'feel good factor' associated with winning.
- Although participation levels need to be raised for the whole population, interventions are to focus on disadvantaged groups, and within those on women, young people and older people. A wide ranging approach is to be taken to address the barriers which prevent people from participating (eg cost, lack of time, information or motivation) as well as failures in provision such a lack of facilities, or coaching staff.

To support mass participation policies and to determine what works the strategy recommends:

- establishing a cross-departmental Sport and Physical Activity Board, working with a range of partners, particularly in the health sector to develop proposals for the 2004 Spending Review
- implementing a package of measures aimed at adults in the community such as: extending the availability of school facilities; encouraging employees to take part in physical activity through the workplace; subsidising individuals; and, providing opportunities for using walking or cycling as a means of transport
- commissioning a series of pilot programmes to develop an evidence base gathering information for monitoring and evaluation - this includes a national facilities database and an annual national survey of participation and fitness.

51K1N.3 UK, Review of national sport effort & resources, Department for Culture, Media and Sport, 2005: http://www.culture.gov.uk/NR/rdonlyres/083C36AF-DFF9-4C7A-9B25-06DF941E5AFB/0/Carter_report.pdf

51K1N.4 UK, At least five a week - Evidence on the impact of physical activity and its relationship to health - culture Report, Department of Health, 2004:

<http://www.dh.gov.uk/assetRoot/04/08/09/81/04080981.pdf>

51K1N.5 UK, Choosing Health – Choosing Activity, more information on Physical Activity, Department of Health, 2004:

<http://www.dh.gov.uk/assetRoot/04/07/57/53/04075753.pdf>

- 51K1N.6** UK, Choosing Health – Choosing Activity. Consultation on action to improve people's health – consultation analysis final report, Department of Health, 2005: <http://www.dh.gov.uk/assetRoot/04/10/60/19/04106019.pdf>
- 51K1N.7** UK, Promoting Physical Activity - international and UK Experiences, Cavill Associates, 2004 : <http://www.dh.gov.uk/assetRoot/04/09/46/56/04094656.pdf>
- 51K1N.8** UK, Physical Activity and the prevention & management of Falls among elder People, Review 2 (Word Doc), BHF National Centre for physical activity & Health, (?): http://www.bhfactive.org.uk/reviews/rev_downloads/old_people_and_falls.doc
- 51K1N.9** UK, Choosing Health? Choosing a better diet – a consultation on priorities for a food and health action plan, Department of Health, 2004: <http://www.dh.gov.uk/assetRoot/04/08/14/56/04081456.pdf>
- 51K1N.10** UK, Choosing Health? Choosing a Better Diet A consultation on priorities for a food and health action plan. Rationale for Nutritional Priorities, DoH, 2004: <http://www.dh.gov.uk/assetRoot/04/08/17/14/04081714.pdf>
- 51K1N.11** UK, Food and Health Action Plan – Food and Health Problem Analysis for Comment, DoH, 2003: <http://www.dh.gov.uk/assetRoot/04/06/58/34/04065834.pdf>
- 51K1N.12** UK, Responses to Food and Health Problem Analysis, DoH, 2003: <http://www.dh.gov.uk/assetRoot/04/06/58/33/04065833.pdf>
- 51K1N.13** UK, Effectiveness of Public Health interventions for increasing physical activity among adults, review, NHS, 2005: online doc, download under: <http://www.publichealth.nice.org.uk/page.aspx?o=503377>
This evidence briefing collates review-level evidence about the effectiveness of interventions to increase physical activity among adults. It focuses on individual-centred interventions and discusses the potential generalisation of the results to UK settings. This evidence briefing updates the edition published in February 2004. A [summary version](#) is also available.
- 51K1N.14** UK, Obesity – Third Report of Session 2003-2004, Vol1, House of Commons/Health Committee, 2004: <http://www.parliament.the-stationery-office.co.uk/pa/cm200304/cmselect/cmhealth/23/23.pdf>
This House of Commons Select Committee report examines the growing problem of obesity in England, with two thirds of the total population overweight or obese and 25% of children overweight and 6% obese. The report makes wide-ranging recommendations that focus on prioritising obesity prevention by the NHS; encouraging physical activity; more education in schools and improved school meals.
Key recommendations include:
- Supporting the NHS to give a higher priority to preventing obesity with PCTs taking on a more proactive role.
 - Creating a strategic framework on prevention, health promotion and NHS treatment to further develop obesity measures in the specific national service frameworks.
 - Health education campaigns that focus on tackling obesity.
 - Better education in schools on healthy eating. Measuring the Body Mass Index of children in school on an annual basis.
 - Increasing the target for physical activity for children in schools to three hours per week and broadening the types of activity on offer to include dance, aerobics, etc.
 - Implementing more measures to encourage walking and cycling.
 - Labelling foods more clearly. Improving food labelling by introducing a 'traffic light' system for categorising food as healthy/unhealthy.
 - Tighter regulation on sugar, salt and fat content for the food industry.
 - Stricter controls on the advertising and promotion of foods to children -the 'voluntary' withdrawal of unhealthy food advertising aimed at children. Addressing the impact of product endorsements by sports stars and other celebrities.

1.2. Local documents on physical activity and health

- 51K1L.1** UK_Scotland, Review of Young People's Health Behaviours in Scotland, MRC Social & Public Health sciences Unit, University of Glasgow, 2002: <http://www.msoc-mrc.gla.ac.uk/Publications/pub/PDFs/Occasional-Papers/OP010.pdf>
- 51K1L.2** UK_Scotland, Fit Futures - Focus on Food, Activity an Young People - Research Paper 2: Childhood Obesity – Consideration of an integrated approach to Policy Development and Implementation, Department of Health (?), 2004 (?): <http://www.investingforhealthni.gov.uk/documents/Scotland.pdf>

51K1L.3 UK_ Northern Ireland, Research and evaluation review 2001-2002, Health Promotion Agency (HPA), 2003:

<http://www.healthpromotionagency.org.uk/Resources/research/pdfs/researchreview2003.pdf>

This publication contains a review of research and evaluation work carried out by the HPA during 2001-2002. Research is a fundamental part of the Agency's work as it allows us to target our resources and evaluate the effectiveness of our health promotion interventions. The research and evaluation initiatives described in this document have been carried out within the priority areas and programmes of work which the Agency has been commissioned to deliver. These include: tobacco and drug use; physical activity; and sexual health.

51K1L.4 UK_ Northern Ireland, a health economics model – the cost-benefits of the Physical Activity Strategy for Northern Ireland - a summary of key findings, research report, Health Promotion Agency (HPA), 2001:

<http://www.healthpromotionagency.org.uk/Resources/physicalactivity/pdfs/paeconomreport.pdf>

51K1L.5 UK_ Northern Ireland, Minds Matter – Exploring the mental wellbeing of young people in Northern Ireland, secondary analysis of the Health Behaviour of School Children survey (1997-1998), Health Promotion Agency, 2001:

<http://www.healthpromotionagency.org.uk/Resources/mental/pdfs/Mindsmatter.pdf>

This report is based on data from the 1997/1998 [health behaviour of school children survey](#). In addition to a set of core questions that are included in every survey, the 1997/1998 survey had a particular focus on psychosocial aspects of health and the school environment. Issues such as appearance, satisfaction with life as well as young people's social relationships and confidence are examined in this report.

2. Knowledge and information documents on physical activity and transport

2.1. National documents on physical activity and transport

51K2N.1 UK, Policy, Planning and Design for Walking and Cycling – consultation draft, Department of Health, 2004, mod. 2005:

http://www.dft.gov.uk/stellent/groups/dft_localtrans/documents/pdf/dft_localtrans_pdf_028706.pdf

51K2N.2 UK, Promoting cycling, Improving Health – NCF Leaflet, 1999:

http://www.nationalcyclingstrategy.org.uk/assets/NCS_topics/Health.pdf

51K2N.3 UK, Walking Bibliography, Traffic Advisor, Leaflet, DfT, 2003:

http://www.dft.gov.uk/stellent/groups/dft_roads/documents/page/dft_roads_508248.pdf

51K2N.4 UK, Cycling and Health – Facts, National Cycling Strategy, 2003:

http://www.nationalcyclingstrategy.org.uk/assets/NCS_topics/cycling_and_health.pdf

51K2N.5 UK, On the move: by foot - a discussion paper, DfT, 2003:

http://www.dft.gov.uk/stellent/groups/dft_localtrans/documents/pdf/dft_localtrans_pdf_022857.pdf

51K2N.6 UK, Making the case: improving health through transport, Health Education Authority, 2005:

http://www.gmpthealthandtransportgroup.co.uk/articles/makingcase_health_transport.pdf

51K2N.7 UK, Cross sector-Funding on Road Transport and Health - Analysis of a postal questionnaire Survey of Public Health Directorates in England – Report, Health Education Authority, 2000: <http://www.phis.org.uk/doc.pl?file=pdf/csffunding.doc>

2.2. Local documents on physical activity and transport

- 51K2L.1** UK_Local, Walking the Way to Health Initiative, summary of local health walk evaluations 2000-2005:
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http://www.countryside.gov.uk/Images/CRN%2061%20-%20Nonmotorisedtravel_tcm2-11980.pdf
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Activities and programs

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- 53IK1.1** EU, les citoyens de l'UE et le sport, premiers résultats (French), 2003: http://europa.eu.int/comm/public_opinion/archives/ebs/ebs_197_fr_summ.pdf
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- 53IK1.4** EU, Eurodiet, Nutrition and Diet for healthy Lifestyles in Europe – Science and Policy implications, Report, DG Sanco, 2001:
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- 53IA2.9** SUSTRANS, Enabling good health for all – Reflection process for a new EU Health Strategy, (?):
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- 53IA2.14** Walk21, Effective Information and Promotion and PR – 3 –, 2004:
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5.54 Non-European countries

1. Australia

Policy outcomes

1. Policy documents

1.1. *National policy documents on physical activity and health*

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- 54APD1N.3** AU, Healthy Weight 2008, Australia's Future – the national action agenda for children and young people and their families, The National Obesity Taskforce Secretariat, Department of Health and Ageing, 2003:
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2. Recommendations and guidelines

2.1. National recommendations and guidelines on physical activity and health

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2.2. National recommendations and guidelines on physical activity and transport

54APR2N.1 AU, Providing for pedestrians: principles and guidelines for improving pedestrian access to destinations and urban spaces, Department of Infrastructures, 2003:
[http://www.doi.vic.gov.au/doi/doielect.nsf/2a6bd98dee287482ca256915001cff0c/54e233db6bcb9eb4ca256da500213877/\\$FILE/PROVIDING%20FOR%20PEDESTRIANS.pdf](http://www.doi.vic.gov.au/doi/doielect.nsf/2a6bd98dee287482ca256915001cff0c/54e233db6bcb9eb4ca256da500213877/$FILE/PROVIDING%20FOR%20PEDESTRIANS.pdf)

2.3. Local recommendations and guidelines on physical activity and health

54APR1L.1 AU, Creating active communities: physical activity guidelines for local councils, Active Australia, NSW Department of Local Government, 2001:
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2.4. Local recommendations and guidelines on physical activity and transport

- No document identified in one of the considered languages.

3. Legislation

- No document identified in one of the considered languages.

Knowledge & information

1. Knowledge and information documents on physical activity and health

1.1. National documents on physical activity and health

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1.2. Local documents on physical activity and health

- No document identified in one of the considered languages.

2. Knowledge and information documents on physical activity and transport

- No document identified in one of the considered languages.

Activities and programs

1. Activities and programs on physical activity and health

- No document identified in one of the considered languages.

2. Activities and programs on physical activity and transport

- No document identified in one of the considered languages.

2. Canada

Policy outcomes

1. Policy documents

- No document identified in one of the considered languages.

2. Recommendations and guidelines

- No document identified in one of the considered languages.

3. Legislation

- No document identified in one of the considered languages.

Knowledge & information

1. Knowledge and information documents on physical activity and health

1.1. National documents on physical activity and health

54CK1N.1 CA, Call to action: creating Healthy School Nutrition Environment – Ontario Society of Nutrition Professionals in Public Health, 2004:

http://www.osnpph.on.ca/call_to_action.pdf

1.2. Local documents on physical activity and health

- No document identified in one of the considered languages.

2. Knowledge and information documents on physical activity and transport

- No document identified in one of the considered languages.

Activities and programs

1. Activities and programs on physical activity and health

- No document identified in one of the considered languages.

2. Activities and programs on physical activity and transport

- No document identified in one of the considered languages.

3. New-Zealand

Policy outcomes

1. Policy documents

1.1. National policy documents on physical activity and health

54ZPD1N.1 NZ, Healthy Eating – Healthy Action, Implementation Plan: 2004-2010, MoH, 2004:

[http://www.moh.govt.nz/moh.nsf/0/CD182E2C03925C09CC256EBD0016CF4B/\\$File/healthyeatinghealthyactionimplementationplan.pdf](http://www.moh.govt.nz/moh.nsf/0/CD182E2C03925C09CC256EBD0016CF4B/$File/healthyeatinghealthyactionimplementationplan.pdf)

1.2. National policy documents on physical activity and transport

- No document identified in one of the considered languages.

1.3. Local policy documents on physical activity and health

- No document identified in one of the considered languages.

1.4. Local policy documents on physical activity and transport

- No document identified in one of the considered languages.

2. Recommendations and guidelines

- No document identified in one of the considered languages.

3. Legislation

- No document identified in one of the considered languages.

Knowledge & information

1. Knowledge and information documents on physical activity and health

1.1. National documents on physical activity and health

54ZK1N.1 NZ, Progress on Health Outcome Targets – report pages on Physical Activity, MoH, 1998:

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54ZK1N.2 NZ, Whole report 'Progress on Health Outcome Targets 1998' online under:

<http://www.moh.govt.nz/moh.nsf/238fd5fb4fd051844c256669006aed57/58db73c54fd795ff4c2566e1007e5a82?OpenDocument>

1.2. Local documents on physical activity and health

- No document identified in one of the considered languages.

2. Knowledge and information documents on physical activity and transport

- No document identified in one of the considered languages.

Activities and programs

1. Activities and programs on physical activity and health

- No document identified in one of the considered languages.

2. Activities and programs on physical activity and transport

- No document identified in one of the considered languages.

4. United States

Policy outcomes

1. Policy documents

- No document identified in one of the considered languages.

2. Recommendations and guidelines

2.1. National recommendations and guidelines on physical activity and health

54UPR1N.1 US, Guidelines for Comprehensive Programs to Promote Healthy Eating and Physical Activity: Prepared by NUPAWG (Nutrition and Physical Activity Work Group), Human Kinetics, 2002:

http://www.astphnd.org/resource_read.php3?resource_id=6&sid=16ea9&origin=&category=

Introduction: http://www.astphnd.org/resource_files/6/6_resource_file1.pdf

Chapter 1: http://www.astphnd.org/resource_files/6/6_resource_file2.pdf

Chapter 2: http://www.astphnd.org/resource_files/6/6_resource_file3.pdf

Chapter 3: http://www.astphnd.org/resource_files/6/6_resource_file4.pdf

Chapter 4 : http://www.astphnd.org/resource_files/6/6_resource_file5.pdf

Chapter 5 : http://www.astphnd.org/resource_files/6/6_resource_file7.pdf

Chapter 6 : http://www.astphnd.org/resource_files/6/6_resource_file8.pdf

Chapter 7 : http://www.astphnd.org/resource_files/6/6_resource_file9.pdf

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54UPR1N.2 US, Increasing Physical Activity - Report on Recommendations of the task force on Community Preventive Services, CDC, 2001:

<http://www.thecommunityguide.org/pa/pa-MMWR-recs.pdf>

54UPR1N.3 US, Recommendation to Increase Physical Activity in Communities, Task Force on Community Preventive Services, AmJPrevMed 22(4S):67-72, 2002:

<http://www.thecommunityguide.org/pa/pa-ajpm-recs.pdf>

2.2. National recommendations and guidelines on physical activity and transport

- No document identified in one of the considered languages.

2.3. Local recommendations and guidelines on physical activity and health

- No document identified in one of the considered languages.

2.4. Local recommendations and guidelines on physical activity and transport

- No document identified in one of the considered languages.

3. **Legislation**

3.1. National legislation documents on physical activity and health

54UPL1N.1 US, State Actions to Promote Nutrition, Increase Physical Activity and Prevent Obesity: A Legislative Overview, Health Policy Tracking Service, 2005:

<http://www.rwjf.org/files/research/July%202005%20-%20Report.pdf>

3.2. National legislation documents on physical activity and transport

- No document identified in one of the considered languages.

3.3. Local legislation documents on physical activity and health

- No document identified in one of the considered languages.

3.4. Local legislation documents on physical activity and transport

- No document identified in one of the considered languages.

Knowledge & information

1. **Knowledge and information documents on physical activity and health**

1.1. National documents on physical activity and health

54UK1N.1 US, The Effectiveness of Interventions to Increase Physical Activity – a systematic Review, CDC, 2002: <http://www.thecommunityguide.org/pa/pa-ajpm-evrev.pdf>

54UK1N.2 US, Translating Evidence-based Physical Activity Interventions into Practice – the 2010 Challenge, AmJPrevMed 22(4S):8-9, 2002:

<http://www.thecommunityguide.org/pa/pa-AJPM-coment-physical-activity-to-practice.pdf>

54UK1N.3 US, The guide to community Preventive Services – Physical Activity Economic Evidence summary Table, The community Guide, 2002:

<http://www.thecommunityguide.org/pa/pa-econ-ev-tables.pdf>

54UK1N.4 US, Promoting Better Health for Young People Through Physical Activity and Sports – A Report to the President From the Secretary of Health and Human Services and the Secretary of Education, 2000:

<http://www.ed.gov/offices/OSDFS/physedrpt.pdf>

54UK1N.5 US, Strategic plan for NIH Obesity research – A Report of the NIH Obesity Research Task Force, Department of Health and Human Service, National Institutes of Health, 2004:

http://www.obesityresearch.nih.gov/About/Obesity_EntireDocument.pdf

1.2. Local documents on physical activity and health

- No document identified in one of the considered languages.

2. Knowledge and information documents on physical activity and transport

2.1. National documents on physical activity and transport

54UK2N.1 US, Does the built environment influence Physical Activity? Examining the evidence – Committee on Physical Activity, Health, Transportation, and Land Use/ Transportation Research Board, 2005: <http://books.nap.edu/html/SR282/SR282.pdf>

2.2. Local documents on physical activity and transport

- No document identified in one of the considered languages.

Activities and programs

1. Activities and programs on physical activity and health

1.1. National activities and programs on physical activity and health

54UA1N.1 US, Dietary Guidelines for Americans, CDC, 2005:

<http://www.health.gov/dietaryguidelines/dga2005/document/pdf/dga2005.pdf>

1.2. Local activities and programs on physical activity and health

- No document identified in one of the considered languages.

2. Activities and programs on physical activity and transport

- No document identified in one of the considered languages.

Annex 1

For each documents, a identification number has been created for easy reference using the following scheme:

Country number (1 to 52 for the European countries)		P for policy outcomes	D for policy documents R for recommendations and guidelines L for legislation	<ul style="list-style-type: none"> • 1 for documents on physical activity & health • 2 for documents on physical activity and transport 	<ul style="list-style-type: none"> • N for national documents • L for local documents 	Document number (1, 2, 3, ...)
53 for international documents	I for international	K for knowledge	<ul style="list-style-type: none"> • 1 for docs on physical activity and health • 2 for docs on physical activity and transport 	<ul style="list-style-type: none"> • N for national documents • L for local documents 		
54 for non-European countries	A For Australia C for Canada Z for New-Zealand U for United States	A for activities and programs	<ul style="list-style-type: none"> • 1 for docs on physical activity and health • 2 for docs on physical activity and transport 	<ul style="list-style-type: none"> • N for national documents • L for local documents 		

e.g.: 7PD2L.1

7 stands for Belgium
P for policy outcomes
D for policy document
2 for document on physical activity and transport
L for local document
1 for the first document of the list.

7PD2L.1 BE_Local, Cycling Action Plan / Fiets – Plan directeur Vélo 2005-2009 (French), City of Brussel, 2005: http://www.pascalsmet.be/mnt/mods/policy/docs/12_doc.pdf